

# UNONOPHELO NENKXASO KWIINTSAPHO

ISebe Lophuhliso Loluntu linikezela ngeenkonzo zenkxaso, ezemfundo kwanezokonga kwiintsapho ezipsemgciphekweni nezisesisichengeni. Le nkubo ke isebebenzisana ekuncediseni ekwenzeni luqilima iintsapho kwanokuphuculwa kwezakhono zokuqequesha kwabazali.

## Esikwenzayo

- Sifundisa amalungu eentsapho ngeendlela zokwakha imeko yekhaya evumela uphuhliso lwelungu lekhaya ngalinye;
- Sikhuthaza imeko yeentsapho eziphilileyo ze sithintele umngcipheko kwezo ntsapho; ze
- Sixhase, someleze amalinge eentsapho noluntu ekuhlaleni eziphakamisa ukuhlalisana koluntu naphucula umgangatho wobomi.

## Esikunikezelayo

- Ziintuthuzelo ezinikwa abantu, izibini ezithandanayo kunye neentsapho, ndawonye neengcebiso ngomtshato kwanokuxhotyiswa kunye nenkxaso kwiintsapho ezikiintlekele.
- Sihlanganisa iintsapho neenkonzo ezidingekeyo nezikhoyo zenkxaso .
- Izakhono zokuqequesha kwabazali kwanezononophelo - kuuka nakubazali abaselula - ngenjongo yokuphucula amandla nezakhono zabo zokunikezelu unonophelo nenkxaso eyiyo kubantwana babo;
- linkubo zokufundisa nokuqequesha ootata neziphakamisa ukuzibandakanywa kwabo kwimicimbi yeentsapho ndawonye nokuphakamisa iindlela zokuziphatha ezizizo nezibukelekeyo; kwakunye
- Sixhobisa ngezakhono ze siqeqeshe imibutho enikezelu ngeenkonzo kwinkalo yolondolozo lweeNtsapho, izakhono kubaZali kwakunye nezokuba ngooTata abangcono.

## Who to contact? Wie om te skakel? Makuqhagamshelwane nabani ke?

The services of the department can be accessed by visiting any regional office or the website at [www.westerncape.gov.za/social-development](http://www.westerncape.gov.za/social-development) where a comprehensive list of services can be found.

Toegang tot die dienste van die Departement kan verkry word deur enige streekkantoor of die webwerf by [www.westerncape.gov.za/social-development](http://www.westerncape.gov.za/social-development) te besoek, war 'n omvattende lys dienste aangedui word.

linkonzo Zesebe Lophuhliso Loluntu zingafikeleka ngokuthi kutyelwe nayiphi na i-ofisi yommandla okanye i-website kule dilesi [www.westerncape.gov.za/socialdevelopment](http://www.westerncape.gov.za/socialdevelopment) apho kufumaneka khona uluhlu olugqibeleleyo lweenkonzo ezinikezelwayo.

Provincial Department of Social Development

**021 483 5045**

Any Regional Office of the Department of Social Development:

- Cape Winelands: 023 348 5300
- Eden Karoo: 044 814 1687
- Metro South: 021 763 6200
- Metro North: 021 483 7673
- Metro East: 021 812 0921/ 021 360 4200
- West Coast: 022 713 2272

Department of Social Development Toll Free Line

**0800 220 250**

Email: [DSD.CustomerCare@westerncape.gov.za](mailto:DSD.CustomerCare@westerncape.gov.za)

- Police: 10111
- SASSA: 0800 60 10 11



**CARE AND  
SUPPORT TO  
FAMILIES**



**Help us build stronger families  
BETTER TOGETHER.**



## CARE AND SUPPORT TO FAMILIES

The Department of Social Development provides support, education and preservation services to vulnerable and at-risk families.

This programme and its partners help strengthen families and improve positive parenting skills.

### What we do

- Teaching family members how to build a home environment that allows each person to develop in that space;
- Promote functional families and to prevent vulnerability in those households; and
- Support and strengthen family and community initiatives that encourage social cohesion and improve quality of life.

### What do we offer?

- Individual, couple and family counselling, marriage preparation, and enrichment and support for families in crisis;
- Linking families to necessary and available support services;
- Parenting and caregiving skills to parents - including teenage parents - in order to improve their ability to provide proper care and support to their children;
- Fatherhood education and training programmes that teaches positive involvement in families and positive male role modelling;
- Facilitate family reunification and reintegration of homeless adults into society, and with their families; and
- Training of service providers in family preservation, parenting and fatherhood.

## SORG- EN STEUNDIENSTE AAN GESINNE

Die Departement van Maatskaplike Ontwikkeling bied steun-, opvoedings- en instandhoudingsdienste vir gesinne wat kwesbaar of in gevaar is.

Die program bied steun-, opvoeding- en behoudsdienste aan kwesbares, en gesinne in gevaar. Hierdie dienste word in samewerking met 'n aantal Nie-Winsgrende Organisasies (NWOs) gelewer om gesinne sterker te help maak en positiewe ouerskapsvaardighede te skep.

### Wat ons doen

- Voed gesinslede op oor hoe om 'n huislike omgewing te skep wat die ontwikkeling van elke lid van die gesin voorop stel;
- Bevorder funksionele gesinne en voorkom kwesbaarheid in gesinne;
- Gefokus om kragdadige gesinne en gemeenskappe te bou en sodoende hulle lewensgehalte te verbeter deur geïntegreerde en geteikende intervensies.

### Wat bied ons?

- Gesinsbehoudsdienste: Individueel, paartjies- en gesinsberadingsessies; Huweliksvoorbereiding en -verryking en steun aan gesinne in krisisse;
- Ouerskap- en versorgingsvaardighede aan ouers, insluitend tiener-ouers, ten eindes hulle vermoë te verbeter om behoorlike sorg en steun aan hul kinders te gee;
- Vaderskapsopvoeding- en opleidingsprogramme wat positiewe betrokkenheid in gesinne en positiewe manlikerkommodellering bevorder;
- Fasilitering van gesinsherenigings en herintegrasie van huislose volwassenes in die samelewning met hul gesinne;
- Kapasiteitsbou-opleiding van diensverskaffers in gesinsbehoud, ouer- en vaderskap.