

TYGERBERG NEWS

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Government

Health

BETTER TOGETHER.



COMPLIMENTS & THANK YOU'S

THANK YOU WARD D4 STAFF

Thank you to Sister Isaacs and Botes for the hospitality and care.

The room in Ward D4 (Bed No 11) was clean, bathroom floor clean which made the process easier.

Sister Botes thank you making us feel calm and showing the motherhood characteristics. We appreciate the positive energy and your warm smile. May God bless the staff that assisted me on 13 November during admission and during the procedure on 14 November.

We will come back to show you our children soon. We really appreciate all you've done for us. Compliments to the Chef, the food was delicious and nutritious. The Kitchen was also clean, thank you to the cleaning staff. May you continue to do this to others too. Lastly thank you to the Theatre staff for the job well done. God bless in abundance.

Mr Jerome, thank you for everything. I love your jazz music.

Mr & Mrs Feldman

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TYGERBERG HOSPITAL MAGAZINE TEAM:

Telephone: 021 938 5454/5608
Fax: 086 601 5218

E-mail:
laticia.pienaar@westerncape.gov.za
rozaun.botes@westerncape.gov.za

All letters, suggestions and articles can be sent to the above email or fax number. Note that all photos must be high resolution (good quality) .





From the CEO...

The end of the year is always a good opportunity to reflect on the many things we can be grateful for in our personal lives and in our work lives.

As health workers, we are blessed with the ability to contribute to making a difference to the quality of life of our patients through providing treatment, care, comfort and support. I receive numerous letters of thanks from patients and family members who are thankful for this.

I know that our staff often provide care under difficult circumstances and this does not pass unseen. It is sincerely appreciated.

I want to use this opportunity to express my sincere thanks to all the staff of Tygerberg Hospital for the excellent service they performed throughout the year.

The contribution of every single staff member at Tygerberg Hospital has led to our accomplishments in 2017 and often carried us through challenging situations.

On behalf of the Tygerberg Hospital management I want to wish everyone a very happy Christmas. I wish that you will enjoy this festive period with your friends and family, and I wish you all a prosperous New Year.

Dr Dimitri Erasmus

AWARDS

HARTMAN NUR

The 28th Hartman Memorial Lecture Awards ceremony was celebrated on 11 October awarding 75 Nursing staff for clinical excellence. The annual award presentation named after the first Chief Matron of Tygerberg Hospital, the late Ms Maria Hartman recognizes the excellent services rendered by the Nursing staff during the year. The nursing division regards this prestigious event as the highlight of the year to award and promote excellence in nursing services. Congratulations to all the nominees and winners of the various modules.

Far right: HOD Health Dr Beth Engelbrecht, Dr Dimitri Erasmus, Mr Tendani Mabuda with some of the nursing staff and winners



Above: Obstetrics & Gynaecology-ENA Lwazi Ndika, Assistant Nursing Manager Ms Jennifer Sapto, EN Desireen Piet



Above: Outpatients-ENA Shirley Davids, Assistant Nursing Manager Ms Mara Majiedt, PN Beverley Jones,



Above: Paediatrics & Neonatology: ENA Nokwanda Morosi, Operational Manager Ms Susan Lyners, PN Candice Blaauw



Above: Operating Theatres-EN Charmaine Kapank, Assistant Nursing Manager Mr Raymond Visagie, ENA Tanya Mansfield, Assistant Nursing Manager Ms Mandy Nel, PN Ethel Prins

WINNING AWARDS



Above: Surgical Sciences-PN Tamaryne Faro, Assistant Nursing Manager
Mr Robert du Bruyn, EN Charlotte May, ENA Susan Petersen



Above: Infection Prevention & Control (IPC) Operational Managers
Ms Hester Van Schalkwyk, Mr William Seconds and Ms Allereace Steer



Above: Rebecca Dick (Operational Manager: Paediatrics) was awarded the Elsa Reiner Award



Above: Trauma & Emergency Services- Assistant Nursing Manager
Ms Sophia Kleinsmith, PN D Gertze, EN E Booysen, ENA T Magazolo



Above: Intensive Care Unit -EN Lucille Maarman, PN Anna, Stalmeester,
Operational Manager Ms Yolanda Jonkers, ENA Zanele Sindelo



Above: Internal Medicine-PN Leandra Pedro, Assistant Nursing Manager
Ms Lesley Paterson, ENA Elouise Abrahams

IPC DAY

On 26 October 2017, the Unit of Infection Prevention and Control (UIPC) Tygerberg Hospital hosted its 10th annual IPC day. This year's event was hosted at the main lecture hall (FMHS – SU) and attracted over 250 delegates which included attendees from both the private and public sector IPC fraternity from all over the Western Cape.

This year's guest speakers included Emeritus Professor Arderne Forder (one of the pioneers of IPC in South Africa), Dr Paul Ciapparelli (TBH Clinical Management) and Dr Bart Willems (PAWC – DOH) presenting on a variety of locally relevant IPC related topics which sparked fruitful discussions regarding the state of IPC in the province.



Above: Dr Rieza Abrahams addressing the crowd



Above: Attendees listening to the presenter



Above: Attendees could visit different exhibition stalls



Above: Attendees interacting with one another



Above: Attendees trying out the disinfecting machine for their hands

DIABETES DAY



Above: Exhibition Board

The theme for World Diabetes Day 2017 was Women in Diabetes. Seeing many women that suffer the consequences of preventable diseases at Tygerberg hospital inspired the local organising committee to use this opportunity to promote health in our staff members with a specific focus on the bulk of employees- our women. Staff members deserve to be well informed on the risk factors for diabetes and empowered with the strategies in order to prevent the disease. They may in fact become change agents as they are role models for not only their families but their communities. The event was attended by more than 400 staff members. The nursing staff of the paediatric division won the clinical unit with 51 attendees, followed by internal medicine (including sub-specialties) 48 attendees and surgery with 39 attendees. The non-clinical units were best represented by admin (70 attendees) and cleaning staff. The most outstanding result though were to see how well women can work together to empower other women. **Dr Ankia Coetzee**



Above: Staff waiting patiently in line to get their free health checks



Above: Staff could not wait to get their freebies



Above: Mr Riedwaan Davids collects some valuable information at the stall



Above: Staff was also given some exercises

RECOGNITION

CMA CECELIA MAKIWANE NOMINEE



The Western Cape Government Health (WCGH) hosted its annual Provincial Cecilia Makiwane Nurse's Awards Ceremony on Tuesday, 7 November 2017 at the Lord Charles Hotel in Somerset West. The CMA awards honour, celebrate and value nurses for their selfless dedication to the nursing profession and exceptional work done in their field through making a lasting difference to their patients' lives and contributing to the improvement of their communities' wellbeing.

The Awards, which was named after Cecilia Makiwane who was the first registered professional black nurse in South Africa, provides the WCGH an opportunity to recognise the tireless work done by its nurses and reward those nurses who walk the extra mile with their patients and

embodies the calling of what it means to be a nurse.

Tygerberg Hospitals Operational Manager from the Kangaroo Mother Care (KMC) ward, Ms Fielia Abrahams was one of the 10 nominee's in line for the coveted Cecilia Makiwane Award.

KMC focuses on promoting early, continuous and prolonged skin-to-skin contact between mother and infant. Fielia also encourages exclusive breastfeeding and support of the mother-infant dyads, which focuses on providing the necessary care to both mother and baby without separating them.

Managing 4 neonatal wards at Tygerberg Hospital, Fielia is responsible for educating and caring for more than 70 mothers who have preterm infants.

Fielia's passion inspired her to establish a support group via WhatsApp for mothers who were discharged from the KMC Unit. Mothers are able to ask questions and raise concerns relating to their infant's development via this mechanism and Fielia can then assist and provide them with the necessary information.

Fielia met the selection criteria which included living up to the nurses' pledge and nursing ethics, going beyond the call of duty, having a positive attitude towards patients and colleagues, contributing to effective management and being part of a multi-disciplinary healthcare team.

Well done Fielia Abrahams you are an inspiration!

PREEMIE DAY

NEONATOLOGY

On 17th November the Paediatrics Department celebrated International Preemie Day. The day started with the paediatric staff meeting, the greeting of patients, visitors and colleagues at the hospital entrances, sharing information pertaining to Preemie Day and the blowing of bubbles. A formal program was held at the R4 Lecture Room where the mothers of the premature babies shared their personal journey with other mothers, staff and visitors. The highlight of the event was the handing out of knitted baby blankets, clothing, beanies, socks, toiletries, cupcakes, lunch and juice to the patients and their mothers. A huge thank you to the various stakeholders who contributed to the overall success of the day.



Above: The venue was beautifully decorated in purple



Above: Dr Geldenhuys, EN Ludick, PN Abrahams, PN Bredenkamp, ENA Taylor, Night Manager Ms Edma De Kock



Above: Senior Nursing Manager Mrs Baartman with some of her neonatal nursing staff



Above: The Nursing Support Staff also showed their support

WATER SAVINGS



An incentive to save water in Theatres when Nurses and Doctors are "scrubbing" to prepare for surgical procedures:

Dr Karin Baatjes of the Division of Surgery, in conjunction with sister Diana Theron has suggested to Tygerberg hospital theatre staff as well as the other hospitals in the referral area that a simple plan is made to collect water (by recycling certain plastic equipment containers) and collecting water that would have flown away in vast quantities. This soapy water is then used to wash the floors of the hospital

Well done to Dr Karin Baatjes and Sister Diana Theron for this brilliant water saving method. Keep up the good work!!!

A LEGEND

MR ARTHUR PETER FRANSMAN



Above: After 43 years of committed service Mr Fransman said goodbye to his colleagues and patients at the Nephrology Clinic. He will surely be missed. We wish him well with her future endeavours.

- 8 November 1952:** Born at Vanrhynsdorp
- December 1971:** Matriculated at Emil Weder High School, Genadendal
- 1 February 1974:** Started career as learner Renal Technician at Karl Bremer Hospital
- May 1975:** Transferred to Tygerberg Hospital when the Renal Unit moved to Tygerberg Hospital
- 31 January 1978:** Successfully completed in-house training as Renal Technician and appointed in a permanent capacity
- 10 September 1981:** Registered as Clinical Technologist at the South African Medical and Dental Council.
- Promotions:**
 - 1 July 1986: Senior Clinical Technologist
 - 1 July 1990: Principal Clinical Technologist
 - 1 August 1991: Chief Clinical Technologist
 - 1 February 1995: Control Clinical Technologist / Assistant Director
- August 1988-94:** Served two terms as secretary of the Tygerberg branch of the South African Society for Clinical Technologists
- February 1991:** Successfully completed the Junior Management Course, prescribed by the Provincial Administration of the Western Cape
- August 1996-98:** Served as Ex Officio member of the Professional Board for Radiotherapy and Clinical Technology
- Duties:**
 - Organisational and administrative supervisory control
 - Liaison with Hospital Management
 - Manage and Supervise Clinical Technologist (Div. Nephrology)
 - Participate in policy matters and training
 - Advisory, often outside of immediate environment, regional and satellite services

RECOGNITION

LONG SERVICE

On 30 November 2017, the hospital held its annual Long Service Awards at the Market Hall, Grand West Casino, which was sponsored by the Hospital Facility Board. Entertainment was Broads on Broadway, The Rockets, Special Appearance by some of the cast members of Suidooster with Dr Darren Green as the Master of Ceremony. Dr Keith Cloete, Chief of Operations, inspired staff to continue rendering quality service. The Rockets, a crowd favoured had the Staff dancing to every tune.

Far right: Beautifully decorated tables



Above: Ms C Ningiza, Mr W Moses, Mr J Julies, Mr I Goliath, Mr M Carolus, Mr J Phillips, Mr M Sonti, Mr L Rasoyi



Above: Ms R Pause, Ms M Ross, Ms S Williams



Above: Mr N Pekeur, Mr J Esterhuyse, Mr J Steenkamp



Above: Mr S Maxama, Mr D De Villiers, Mr J Klazen, Mr J Jansen

ICE AWARDS



Above: Ms I Nothnagel, Ms M Oliphant, Ms P Cupido, Ms K Fredericks, Ms A Kepkey, Ms A Harmse, Ms F Heunis, Ms M Ceasar



Above: Some of the cast of Suidooster with the 40 year recipients listening attentively to the Broads on Broadway



Above: The Rockets had the crowd singing along to old medleys



Above: The staff could not get enough of The Rockets



Above: Some of the recipients who recieved their certificates



Above: Ms M Ceasar, Dr D Erasmus, Ms G Barends, Ms J Goeieman



THE VALUES:



Caring

To care for those we serve and work with.



Integrity

To be honest and do the right thing.



Accountability

We take responsibility.



Responsiveness

To serve the needs of our citizens and employees.



Competence

The ability and capacity to do the job we were employed to do.



Respect

To be respectful to those we serve and work with.



Innovation

To be open to new ideas and develop creative solutions to challenges in a resourceful way



Better Together

The Western Cape Government has a duty to provide opportunities.
Citizens have the responsibility to make use of them.