

Annexure F

SUPPORT

Facilitation process to establishing support groups for clients and caregivers.	<ul style="list-style-type: none"> - a support system for caregivers and consumers - patient self-support e.g. knowledge and information about disease/ illness/condition. - health professional as a support system - family support system - support from workplace, school - community-based support system e.g. churches, neighbours, organised leagues etc.
Practical support	<p>In conjunction with community volunteers and family members</p> <ul style="list-style-type: none"> - Household chores - Shopping/outings - Home/garden maintenance - Respite care - Assistance in activities of daily living if needed - Leisure time activities
Social security and support	<p>Arrange for application for pension/ disability grant or other grants and ways to facilitate collection of grants. Arrange for financial and legal advice if needed. Arrange contact numbers in cases of emergency.</p>
Spiritual support	<p>In conjunction with community volunteers and family members</p> <ul style="list-style-type: none"> - Prayer - Singing - Scripture reading - Sacraments - Contact with religious leader, pastor, traditional healer - Bereavement
Counselling	Peer, family, caregiver
Legal assistance	Drafting of a valid will and other legal/business matters