NATIONAL DAYS 2004

Every effort has been made to ensure that the correct information is published. Should there be any discrepancies please contact the author on (021) 483-2483. Also please note that contact details appear at the end of the article. For National days January and February 2004, see November | December 2003 **CL**.



Endometriosis Month
Date: I-3I March 2004

Presenter: Endometriosis Society of South

Africa

Intellectual Disability (Mental Handicap) Awareness Month

Date: I-3I March 2004

Theme: Human rights of persons with

intellectual disability

Presenter: Cape Mental Health Society

Nutrition Campaign
Date: I-3I March 2004

Theme: 5-a-Day for better health
Presenter: Cancer Association of South

Africa

Contraception Week
Date: 8-I3 March 2004

Presenter: Provincial Administration Western Cape (PAWC): Reproductive

Health

International Women's Day Date: 8 March 2004

Brain Awareness Week Date: 10-16 March 2004

Theme: A career in the neurosciences
Presenter: Mental Health Information

Centre

National Library Week
Date: 15-20 March 2004
Theme: Read and discover

Presenter: Western Cape Provincial Library

Service

National Water Week
Date: I5-2I March 2004

Presenter: Department Water Affairs and

Forestry

International Day for the Elimination of

Racial Discrimination
Date: 2I March 2004
World Forestry Day
Date: 2I March 2004
World Day for Water

Date: 22 March 2004

Presenter: Department Water Affairs and

Forestry

World Meteorological Day Date: 23 March 2004

Theme: Weather, water and climate in the

information age

Presenter: Department of Environmental

Affairs and Tourism

Compiled by Hennelie de Klerk

World Tuberculosis Day Date: 24 March 2004

Presenters: Health Promotion Resource

Centre

CMC Health Resource Centre



Blood Donor Awareness Month

Date: **I-30 April 2004**

Presenter: Western Province Blood

Transfusion Service

Oesophagus Health Awareness

Date: I-30 April 2004

Presenter: Cancer Association of South Africa

International Children's Book Day

Date: 2 April 2004

National Polio Eradication Awareness Week

Date: 4-10 April 2004

Presenter: Department of Health: Social

Mobilisation

World Health Day
Date: 7 April 2004
Theme: Road safety

Presenter: Department of Health

World Haemophilia Day Date: 17 April 2004

Presenter: Western Cape Haemophilia

Foundation

World Heritage Day
Date: 18 April 2004

Earth Day

Date: 22 April 2004

World Day of the Book
Date: 23 April 2004
Theme: A non-stop journey
Presenter: Centre for the Book

International Noise Awareness Day

Date: 28 April 2004



Cystic Fibrosis Awareness Month

Date: I-3I May 2004

Presenter: Cystic Fibrosis Association

World Press Freedom Day Date: 3 May 2004

Hospice Week
Date: 2-9 May 2004

Presenters: Hospice Association

St Luke's Hospice

International Firefighters' Day

Date: 4 May 2004
World Asthma Day
Date: 4 May 2004

Date: 4 May 2004
Theme: Burden of asthma
Presenter: Asthma Association

International No-Diet Day

Date: 6 May 2004

Presenter: Provincial Administration Western Cape (PAWC): Dietitian

World Red Cross Day
Date: 8 May 2004

Occupational Therapy Week

Date: 10-14 May 2004

Theme: Get a better grip on life with

occupational therapy

Presenter: Occupational Therapy Association of South Africa

International Nurses Day Date: 12 May 2004

Presenter: Provincial Administration Western Cape (PAWC): Information

Management

International Day of Families

Date: 15 May 2004

Presenter: Family and Marriage Society of South Africa (FAMSA) Western Cape

Candlelight Memorial Day (AIDS)

Date: **16 May 2004**

Presenter: Provincial Administration Western Cape (PAWC): Health Promotion

& Marketing

World Telecommunication Day

Date: **I7 May 2004** Presenter: TELKOM

International Museum Day

Date: 18 May 2004

Theme: Intangible Cultural Heritage Presenters: Iziko: Museums of CapeTown Centre for Conservation Education

International Day for Biological Diversity

Date: 22 May 2004 Child Protection Week Date: 24-30 May 2004

Presenters: Department of Social

Development

Department of Social Services

International Day of Action for Women's

Date: 28 May 2004

Presenter: Gender Advocacy Programme

World No-Tobacco Day Date: 31 May 2004

Presenter: Cancer Association of South

Africa



Child Protection Month Date: I-30 June 2004

Presenter: Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)

Men's Health (Prostate & Testicular Cancer) Awareness Month

Date: **I-30 June 2004**

Presenter: Cancer Association of South Africa

NASIONALE DAE

International Children's Day

Date: I June 2004

Presenter: Department of Social

Development

National Paraffin Safety Day

Date: I June 2004

Presenter: Paraffin Safety Association of SA

International Volunteer Week Date: 5-I2 June 2004

Presenter: Volunteer Centre

Stroke Week

Date: 6-I2 June 2004 Presenter: Heart Foundation World Environment Week

Date: 3-10 June 2004 World Environment Day

Date: 5 June 2004

Presenter: Department of Environmental

Affairs and Tourism

Alcoholics Anonymous Founders' Day

Date: 10 June 2004

Presenter: Alcoholics Anonymous

Psoriasis Awareness Day

Date: 10 June 2004 Theme: Hope for the future Presenter: South African Psoriasis

Association

Health Information Week

Date: 13-19 June 2004 Presenter: Provincial Administration

Western Cape (PAWC): Information

Management

National Epilepsy Week Date: 16-21 lune 2004 Theme: Into the light

Presenter: South African National Epilepsy

League (SANEL)

World Day to Combat Desertification and Drought

Date: 17 June 2004

Presenter: Department of Environmental

Affairs and Tourism

Health Information Day Date: 18 June 2004

Presenter: Provincial Administration Western Cape (PAWC): Information

Management

World Refugee Day Date: 20 June 2004

Presenter: Planned Parenthood Association

of South Africa

World Epilepsy Day Date: 21 June 2004 Theme: Into the light

Presenter: Epilepsy South Africa

SANCA Week

Date: 20-26 June 2004

Presenters: CapeTown Drug Counselling

Centre

South African National Council on Alcoholism and Drug Dependence

Drug Awareness Week Date: 21-26 June 2004

Presenter: CapeTown Drug Counselling

International Day Against Drug Abuse and Illicit Trafficking

Date: 26 June 2004

Presenters: CapeTown Drug Counselling

Centre

South African National Council on-Alcoholism and Drug Dependence

World Diabetes Day Date: 27 June 2004



Men's Health Awareness - Colorectal

Date: I-3I July 2004

Presenter: Cancer Association of South

Psychiatric Disability (Mental Illness) Awareness Month

Date: I-31 July 2004

Theme: Human rights of persons with

psychiatric disability

Presenter: Cape Mental Health Society

World Population Day Date: II July 2004

Presenter: Planned Parenthood Association

of South Africa

National Hepatitis Day Date: 16 July 2004

Presenter: Schering-Plough (Pty) Ltd

Sterilisation Week Date: 26-30 July 2004

Presenter: Association for Voluntary

Sterilisation of South Africa

National Schizophrenia Day

Date: 25 July 2004

Theme: Education is the key (to acceptance) Presenter: Schizophrenia Foundation of

South Africa



Oral Health Month

Date: I-3I August 2004

Presenter: South African Dental

Association

Organ Donor Month Date: I-3I August 2004

Presenter: Organ Donor Foundation of

South Africa

Breastfeeding Week Date: I-7 August 2004

Theme: Exclusive breastfeeding for 0 to 6

Presenter: Department of Health: Nutrition

Cancer Prevention Week Date: 2-8 August 2004

Theme: Flowers for hope

Presenter: Cancer Association of South

National Immunisation Awareness Week

Date: 2-8 August 2004

Presenter: Department of Health: Social

Mobilisation

Rheumatic Fever Week Date: 2-8 August 2004 Presenter: Heart Foundation International Friendship Day

Date: 3 August 2004

International Day of Indigenous People

Date: 9 August 2004

Child Injury (Accident) Prevention Week

Date: 9-I4 August 2004

Theme: All children have a right to a safe

environment

Presenters: Child Accident Prevention

Foundation of South Africa Paraffin Association

Kidney Awareness Week Date: 16-23 August 2004

Presenter: Kidney Foundation of South

Africa

International Day for Remembrance of the

Slave Trade

Date: 23 August 2004

Cerebral Palsy Awareness Week Date: 23-28 August 2004

Presenter: Western Cape Cerebral Palsy

Association

►►► SEPTEMBER ◀◀◀

Continence Awareness Month Date: I-30 September 2004

Presenter: Continence Awareness South

Africa

Heart Awareness Month Date: I-30 September 2004 Presenter: Heart Foundation

Muscular Dystrophy Month Date: I-30 September 2004

Presenter: Muscular Dystrophy Foundation

National Tourism Month Date: I-30 September 2004

Presenter: Department of Environmental

Affairs and Tourism

Women's Health - Cervical Health **Awareness**

Date: I-30 September 2004

Presenter: Cancer Association of South

Africa

Date: I-7 September 2004

Presenter: Department Water Affairs and

Forestry

Arbor Week

NATIONAL DAYS 2004

Adult Learners' Week
Date: I-8 September 2004

Presenter: The Adult Learning Forum

Deaf Awareness Week
Date: I-8 September 2004

Presenter: Deaf Federation of South Africa

(DEAFSA)

School AIDS Week

Date: I-I0 September 2004

Presenter: Planned Parenthood Association

of South Africa **Pharmacy Week**

Date: 6-I2 September 2004

Presenter: Department of Health: Pharmacist

Physiotherapy Back Week
Date: 6-I2 September 2004

Presenter: South African Society of

Physiotherapy

International Literacy Day
Date: 8 September 2004
Presenter: Centre for the Book

International Physiotherapy Day

Date: **8 September 2004**Presenter: South African Society of

Physiotherapy

Feotal Alcohol Syndrome Day (FAS)

Date: **9 September 2004** Theme: *Ringing of the bells*

Presenter: South African National Council on Alcoholism and Drug Dependence

(SANCA Western Cape)

Readathon Day

Date: 10 September 2004

Safe Sleep Week

Date: **II-19 September 2004**Theme: Reducing the risk of cot death

Persenter: Snuggle-Time

Fanilia Hypercholesterolemia (FH) Week

Date: **13-18 September 2004**Presenter: Heart Foundation

International Coastal Clean-up Day

Date: I4 September 2004

Presenter: Department of Environmental

Affairs and Tourism

International Day of Peace Date: 2l September 2004

International Day for the Preservation of

the Ozone Layer

Date: 16 September 2004

Presenter: Department of Environmental

Affairs and Tourism

International Day of Peace Date: 21 September 2004

World Alzheimer's Day
Date: 21 September 2004

Presenter: Alzheimer's and Related Dementias Association: Western Cape

(ARDA)

International Retina Day

Date: 24 September 2004

Presenter: Retinal Preservation Foundation of South Africa (Cape of Good Hope Branch)

World Tourism Day

Date: **27 September 2004**Theme: A journey of discovery

Presenter: Department of Environmental

Affairs and Tourism
World Heart Day

Date: **26 September 2004**Presenter: Heart Foundation

SPCA International Animal Week

Date: **27 September-3 October 2004**Presenter: Cape of Good Hope SPCA

Week of Older Persons

Date: **27 September-3 October 2004**Presenters: South African Council for the

Aged Age in Action



World Wildlife Week
Date: I-7 October 2004

International Arthritis Awareness Month

Date: I-3I October 2004
Presenter: Arthritis Foundation
Mental Health Awareness Month

Date: I-3I October 2004

Theme: Mental well-being is a human right Presenter: Cape Mental Health Society

Women's Health - Breast Health Awareness

Date: I-3I October 2004

Presenter: Cancer Association of South

Africa

International Day for Older Persons

Date: I October 2004

Presenters: South African Council for the

Aged Age in Action

International Animal Week
Date: I-8 October 2004

Presenter: Cape of Good Hope SPCA

Grandparents' Day
Date: 3 October 2004

Presenter: Age in Action

World Habitat Day
Date: 4 October 2004

World Animal Welfare Day Date: 4 October 2004

World Teachers' Day
Date: 5 October 2004

Anxiety Disorders Awareness Week

Date: 4-10 October 2004

Theme: Advances in and benefits of research Presenter: Mental Health Information Centre

World Post Day
Date: 9 October 2004

National Nutrition Week

Date: 9-15 October 2004

Presenter: Provincial Administration of the Western Cape (PAWC): Department of

Health: Nutrition

National Psychiatry Day
Date: 10 October 2004
Presenter: Cape Mental Health

World Mental Health Day Date: 10 October 2004

Theme: Mental well-being is a human right

Presenter: Cape Mental Health

International Arthritis Day
Date: 12 October 2004
Presenter: Arthritis Foundation

International Day for Natural Disaster

Reduction

Date: 13 October 2004

World Sight Day

Date: I4 October 2004

Presenter: SA National Council for the Blind

National Marine Week
Date: 14-18 October 2004

Presenter: Department of Environmental

Affairs and Tourism

Obesity Week
Date: 14-20 October 2004

Presenter: Heart Foundation
International White Cane Day

International White Cane Date: 15 October 2004

Presenter: SA National Council for the Blind

World Food Day
Date: 16 October 2004

Presenter: Provincial Administration of the Western Cape (PAWC): Department of

Health: Nutrition

International Day for the Eradication of

Poverty

Date: 17 October 2004 Eye Care Awareness Week Date: 11-15 October 2004

Presenter: SA National Council for the Blind

Healthy Cities Day
Date: 18 October 2004

Presenter: University of the Western Cape

(UWC): Public Health

National Marine Day
Date: 18 October 2004

Presenter: Department of Environmental

Affairs and Tourism

World Osteoporosis Day
Date: 20 October 2004

Down Syndrome Awareness Week

Date: 18-22 October 2004

Presenter: Down Syndrome Association

International School Libraries Day

Date: **25 October 2004**Presenter: Centre for the Book

NASIONALE DAE

▶ ▶ NOVEMBER ◀ ◀

Home/Community-based Care Date: I-30 November 2004 Presenters: Hospice Association

St Luke's Hospice

Sun Smart Awareness

Date: I November-3I December 2004 Presenter: Cancer Association of South

Africa

National Children's Day Date: 7 November 2004

National Diabetes Awareness Week

Date: 10-15 November 2004 Presenter: South African Diabetes

Association

Men's Health Week

Date: 8-I4 November 2004 Theme: Prevention is better than cure Presenter: Men's Health Magazine

World Diabetes Day

Date: I4 November 2004

Presenter: South African Diabetes

Association

CPR Awareness Week

Date: 15-21 November 2004 Presenter: Heart Foundation

World Day for the Prevention of Child Abuse and Neglect

Date: 19 November 2004

Presenter: Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)

16 Days of Activism Against Gender Violence

Date: 25 November-16 December 2004 Presenters: Western Cape Network on

Violence against Women New Women's Movement

International Day for the Prevention of Violence Against Women

Date: 25 November 2004

Presenters: Western Cape Network on

Violence against Women New Women's Movement

▶▶▶ DECEMBER ◀◀◀

World AIDS Day

Date: I December 2004 Theme: Women and HIV/AIDS

Presenter: Planned Parenthood Association

of South Africa

International Day for Persons with Disabilities

Date: 3 December 2004

Presenters: Association for the Physically

Disabled (Western Cape) SA National Council for the Blind

International Volunteer Day Date: 5 December 2004

Presenter: Volunteer Centre

Anti-Racism Day

Date: 12 December 2004

CONTACT DETAILS

The Adult Learning Forum

Tel: (021) 851-1427 Age in Action Tel: (021) 426-4249

Alcoholics Anonymous

Tel: (011) 341-0609 / (021) 418-0020

Fax: (02I) 418-0022 Web site: cape.org.za

Alzheimer's and Related Dementias Association: Western Cape (ARDA)

Contact persons: Henriette Arendse

Tel: (011) 478-2234 Karen Borochowitz Tel: (02I) 454-5080

E-mail: <alzheimerssa@icon.co.za>

Arthritis Foundation

Contact person: Lady de Villiers Tel: (021) 425-4738/425-2344

Fax: (02I) 42I-7330

E-mail: <arthcpt@mweb.co.za>

Association for the Physically Disabled (Western Cape)

Contact person: Ray Blecher Tel: (02I) 555-288I/2

E-mail: <apd-wc@mweb.co.za>

Association for Voluntary Sterilisation of South Africa

Tel: (021) 531-1665 Fax: (02I) 53I-229I

Asthma Association

Contact person: Geraldine Brown

Tel: (02I) 658-53II/5022

Cancer Association of South Africa

Contact person: Alice Victor Tel: (021) 689-5347

Fax: (021) 685-1937

E-mail: ctswp@cansa.org.za> Web site: cansa.org.za | cansa.co.za

Cape of Good Hope SPCA

Contact person: Parveen Said

Tel: (021) 706-5755

E-mail: <publicrelations@spca-ct.co.za>

Web site: spca-ct.co.za

Cape Mental Health Society Contact person: Tahira Kassiem

Tel: (021) 447-9040 Fax: (02I) 448-8475 E-mail: <info@cmhs.co.za> Web site: capementalhealth.co.za

CapeTown Drug Counselling Centre

Contact person: Angelica Parkinson

Tel: (021) 447-8026

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Continence Awareness South Africa

Tel: (011) 763-6681

Centre for the Book

Contact person: Colleen Higgs

Tel: (021) 423-2669 Fax: (021) 424-1484

Centre for Conservation Education

Contact person: Sigi Howes

Tel: (021) 762-1622 Fax: (021) 762-8690

Child Accident Prevention Foundation of South Africa

Tel: (02I) 685-5208

Childbirth Educators Resource Group

Tel: (011) 827-4810/0860 18 18 18

CMC Health Resource Centre

Tel: (02I) 93I-8I40

Cystic Fibrosis Association

Tel: (02I) 557-0323

Deaf Federation of South Africa (DEAFSA)

Contact person: Carol Cory Tel: (02I) 683-4665 / 683-4666

Fax: (021) 612-644

TTY (telephone device for the deaf):

683-0664

E-mail: <deafsa2@iafrica.com>

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Department of Health: Nutrition

Tel: (021) 918-1706 / 918-1413 / 483-5663

Department of Health: Pharmacist

Tel: (021) 918-1526

Department of Health: Social Mobilisation

Tel: (012) 312-0099

Department of Environmental Affairs and

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Fax: (012) 322-2682

Department of Social Development

Contact person: Stefanus Scholtz

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Department of Social Services

Contact person: Derrick Schroëder

Tel: (02I) 483-4004

Department Water Affairs and Forestry

Contact person: Michelle Parker Tel: (012) 336-8252 / (021) 950-7100 E-mail: <bdc@dwaf.pwv.gov.za>

Down Syndrome Association

Tel: (021) 910-0753 / 919-2701

Endometriosis Society of South Africa

Tel: (011) 646-0449

Tel: (021) 918-1703 **Epilepsy South Africa**

Tel: (021) 447-3014

NATIONAL DAYS

Family and Marriage Society of South Africa (FAMSA) Western Cape

Contact person: Shaunette Toms

Tel: (021) 461-7360 Fax: (021) 461-9198

E-mail: <famsawc@new.co.za> Web site: famsawc.org.za

Gender Advocacy Programme

Contact person: N Gamildien Tel: (021) 465-0192/7

Health Promotion Resource Centre

Tel: (021) 797-0167 Heart Foundation

Contact person: Meriel Bartlett Tel: (021) 447-4222 / 083 4127 283 E-mail: <heart@heartfoundation.co.za> Web site: heartfoundation.co.za

Hospice Association Tel: (021) 531-2094

Iziko: Museums of CapeTown

Contact person: Medeé Rall Tel: (021) 424-3330

Kidney Foundation of South Africa

Contact persons: Sue Peiser / Pat Fourie

Tel: (011) 788-0046

E-mail: <peiser/admin@global.co.za>

Leprosy Mission Southern Africa

Contact person: Peter Laubscher Tel: (011) 440-6323/440-5826

Fax: (011) 440-6324 E-mail: <peter@tlm.co.za> Web site: leprosymission.co.za Contact person: Otto Kingsley Tel: (02I) 558-2020

Men's Health Magazine Tel: (02I) 408-3800

Mental Health Information Centre

Tel: (021) 938-9229

Muscular Dystrophy Foundation

Tel: (02I) 557-1423 New Women's Movement

Tel: (02I) 697-3337/8

Occupational Therapy Association of South Africa

Tel: (02I) 440-32I8

Organ Donor Foundation of South Africa

Tel: 0800 22 66 II (toll free) / (021) 426-0198

Paraffin Safety Association of SA

Tel: (02I) 424-3473

Provincial Administration Western Cape

(PAWC): Chronic Care Tel: (02I) 483-307I

Provincial Administration Western Cape

(PAWC): Dietitian Tel: (02I) 918-148I

Provincial Administration Western Cape (PAWC): Health Promotion & Marketing

Tel: (021) 918-1247

Provincial Administration Western Cape (PAWC): Information Management

Tel: (021) 918-1503

Provincial Administration Western Cape (PAWC): Maternal and Neonatal Services

Tel: (021) 918-1507

Provincial Administration Western Cape (PAWC): Reproductive Health

Tel: (021) 918-1545

Planned Parenthood Association of South Africa

Tel: (021) 448-7312 Fax: (02I) 448-7320

E-mail: <ppawc@ppawc.co.za>

Web site: ppasa.org.za

Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)

Tel: (021) 448-9034

Retinal Preservation Foundation of South Africa (Cape of Good Hope Branch)

Contact person: Roy Abbott

Tel/Fax: (02I) 59I-3407 / (02I) 592-6099

SA National Council for the Blind

Contact person: Marlene Swanepoel

Tel: (012) 346-1171 Fax: (012)346-4699

E-mail: <marlene@sancb.org.za>

Schering-Plough (Pty) Ltd

Contact person: Estelle Hugo

Tel: (011) 922-3310 Fax: (011) 974-2977

Schizophrenia Foundation of South Africa

Tel: (011) 884-7045 Fax: (011) 784-8482 Web site: sch-sa.co.za

Society for Family Health Tel: (02I) 448-7303

South African Council for the Aged

Tel: (02I) 9I4-775I/2

South African Dental Association

Contact person: Dr Roux Vermeulen

Tel: (022) 482-1228 E-mail: <info@sada.co.za> Web site: sadanet.co.za

South African Diabetes Association

Contact person: Marelize Batt

Tel: (021) 425-4440 Cell: 082 412 8759

South African Federation for Mental Health

Tel: (011) 242-9600

South African National Council on Alcoholism and Drug Dependence (SANCA

Western Cape)

Contact person: Ruth Fortuin Tel: (021) 945-4080/I

E-mail: <sancawc@mweb.co.za>

South African National Epilepsy League (SANEL)

Tel: (021) 447-3014 Fax: (021) 448-0705

South African Psoriasis Association

Tel: (021) 981-1650

South African Society of Physiotherapy

Contact persons: Shirley Green

Tel: (021) 531-2717 Fax: (02I) 53I-27I7 Cornelia van Eck Tel: (021) 975-2634

E-mail: <saspwc@mweb.co.za> Web site: physiosa.org.za

St Luke's Hospice

Contact person: Anne Wright Tel: (021) 797-5335

Fax: (021) 761-0130

E-mail: <annew@stlukes.co.za>

Web site: stlukes.co.za

TELKOM

Contact person: Hannelie van Tonder

Tel: (021) 311-3740

E-mail: <vtondeh@telkom.co.za>

University of the Western Cape (UWC): Public Health

Tel: (021) 959-2809

Volunteer Centre

Contact person: Deline van Boom

Tel: (021) 418-1116/7 Fax: (021) 418-3707 E-mail: <volcent@iafrica.com> Web site: volcent.za.org

Western Cape Cerebral Palsy Association (50th anniversary)

Contact person: Veronica Pronk

Tel: (021) 685-4150 Fax: (021) 686-8544

E-mail: <wccerpal@iafrica.com>

Western Cape Haemophilia Foundation

Tel: (021) 404-3538

Western Cape Network on Violence against Women

Tel: (02I) 633-5287 / 422-1690

Western Cape Provincial Library Service

Contact person: Janine de Villiers Tel: (02I) 483-2234

Fax: (021) 419-7541 E-mail: <capelib@pgwc.gov.za>

Web site: westerncape.gov.za/library

Western Province Blood Transfusion Service

Contact person: Marika Champion Tel: (02I) 507-6368

Fax: (02I) 507-6408 E-mail: <marika@wpbts.org.za>

