

NATIONAL DAYS 2003

Every effort has been made to ensure that the correct information is published. Should there be any discrepancies please advise the author on (021) 483-2483. Also **please note** that contact details appear at the end of the article.

* JANUARY

Sun Protection and Skin Cancer Awareness Month

Date: 1-31 January 2003
Presenter: Cancer Association of South Africa

World Braille Day

Date: 4 January 2003
Presenter: SA National Council for the Blind

World Leprosy Day

Date: 16 January 2003
Theme: *Leprosy can be cured*
Presenter: Leprosy Mission Southern Africa

* FEBRUARY

Nutrition and Cancer Awareness Month

Date: 1-28 February 2003
Presenter: Cancer Association of South Africa

World Wetlands Day

Date: 2 February 2003
Presenter: Department of Environmental Affairs and Tourism

Condom Week

Date: 11-16 February 2003
Presenter: Planned Parenthood Association of South Africa

Pregnancy Education Week

Date: 15-23 February 2003
Theme: *Childbirth education makes a difference*
Presenter: Childbirth Educators Resource Group

National Kidney Awareness Week

Date: 17-23 February 2003
Theme: *Water is the cycle of life*
Presenter: Kidney Foundation of South Africa

* MARCH

Endometriosis Month

Date: 1-31 March 2003
Presenter: Endometriosis Society of South Africa

Intellectual Disability (Mental Handicap) Awareness Month

Date: 1-31 March 2003
Presenter: Cape Mental Health Society

Nutrition and Cancer Awareness Month

Date: 1-31 March 2003
Presenter: Cancer Association of South Africa

Compiled by Hannelie de Klerk

Contraception Week

Date: 3-8 March 2003
Presenter: Provincial Administration Western Cape (PAWC): Reproductive Health

International Women's Day

Date: 8 March 2003

Brain Awareness Week

Date: 10-16 March 2003
Presenter: Mental Health Information Centre

National Library Week

Date: 17-22 March 2003
Theme: *Your right to read*
Contact person (Western Cape): Janine de Villiers
Presenter: Western Cape Provincial Library Service

National Water Week

Date: 17-23 March 2003
Presenter: Department Water Affairs and Forestry

International Day of the Elimination of Racial Discrimination

Date: 21 March 2003

World Day for Water

Date: 22 March 2003
Presenter: Department Water Affairs and Forestry

World Meteorological Day

Date: 23 March 2003
Theme: *Our future climate*
Presenter: Department of Environmental Affairs and Tourism

World Tuberculosis Day

Date: 24 March 2003
Theme: *People with TB*
Presenters: Health Promotion Resource Centre
CMC Health Resource Centre

* APRIL

Blood Donor Awareness Month

Date: 1-30 April 2003
Presenter: Western Province Blood Transfusion Service

Smoking and Cancer Awareness Month

Date: 1-30 April 2003
Presenter: Cancer Association of South Africa

World Health Day

Date: 7 April 2003
Presenter: Department of Health

World Haemophilia Day

Date: 17 April 2003
Presenter: Western Cape Haemophilia Foundation

World Day of the Book

Date: 23 April 2003
Theme: *Friends for life*
Presenter: Centre for the Book

* MAY

Cystic Fibrosis Awareness Month

Date: 1-31 May 2003
Presenter: Cystic Fibrosis Association

Smoking and Cancer Awareness Month

Date: 1-31 May 2003
Presenter: Cancer Association of South Africa

World Press Freedom Day

Date: 3 May 2003

Hospice Week

Date: 4-11 May 2003
Presenters: Hospice Association
St Luke's Hospice

International No-Diet Day

Date: 6 May 2003
Presenter: Provincial Administration Western Cape (PAWC): Dietitian

World Asthma Day

Date: 6 May 2003
Presenter: Asthma Association

International Nurses Day

Date: 12 May 2003
Presenter: Provincial Administration Western Cape (PAWC): Information Management

International Day of Families

Date: 15 May 2003
Presenter: Family and Marriage Society of South Africa (FAMSA) Western Cape

World Telecommunication Day

Date: 17 May 2003
Presenter: TELKOM

Candlelight Memorial Day (AIDS)

Date: 18 May 2003
Presenter: Provincial Administration Western Cape (PAWC): Health Promotion & Marketing

International Museum Day

Date: 18 May 2003
Theme: *Museums and friends*
Presenters: Iziko: Museums of Cape Town
Centre for Conservation Education

Occupational Therapy Week

Date: 19-23 May 2003
Theme: *Get a better grip on life with occupational therapy*
Presenter: Occupational Therapy Association of South Africa

Child Protection Week

Date: 26 May-1 June 2003
Presenters: Department of Social Development
Department of Social Services

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International Day of Action for Women's Health

Date: 28 May 2003

Presenter: Gender Advocacy Programme

World No-Tobacco Day

Date: 31 May 2003

Presenter: Cancer Association of South Africa

* JUNE

Child Protection Month

Date: 1-30 June 2003

Presenter: Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)

Men's Health (Prostate & Testicular Cancer) Awareness Month

Date: 1-30 June 2003

Presenter: Cancer Association of South Africa

International Children's Day

Date: 1 June 2003

Presenter: Department of Social Development

International Volunteer Week

Date: 1-8 June 2003

Theme: *Building a nation that cares*

Presenter: Volunteer Centre

National Environment Week

Date: 1-8 June 2003

Presenter: Department of Environmental Affairs and Tourism

World Environment Day

Date: 5 June 2003

Presenter: Department of Environmental Affairs and Tourism

Stroke Awareness Week

Date: 8-14 June 2003

Presenter: Provincial Administration Western Cape (PAWC): Chronic Care

Alcoholics Anonymous Founders Day

Date: 10 June 2003

Presenter: Alcoholics Anonymous

Psoriasis Awareness Day

Date: 10 June 2003

Theme: *Psoriasis - today*

Presenter: South African Psoriasis Association

Health Information Week

Date: 16-20 June 2003

Presenter: Provincial Administration Western Cape (PAWC): Information Management

National Epilepsy Week

Date: 16-22 June 2003

Theme: *Into the light*

Presenter: South African National Epilepsy League (SANEL)

World Day to Combat Desertification and Drought

Date: 17 June 2003

Presenter: Department of Environmental Affairs and Tourism

World Refugee Day

Date: 20 June 2003

Presenter: Planned Parenthood Association of South Africa

World Epilepsy Day

Date: 21 June 2003

Theme: *Into the light*

Presenter: Epilepsy South Africa

SANCA Week (Drug Awareness Week)

Date: 22-29 June 2003

Presenters: Cape Town Drug Counselling Centre South African National Council on Alcoholism and Drug Dependence

International Day Against Drug Abuse and Illicit Trafficking

Date: 26 June 2003

Presenters: Cape Town Drug Counselling Centre South African National Council on Alcoholism and Drug Dependence

* JULY

Men's Health (Prostate & Testicular Cancer) Awareness Month

Date: 1-31 July 2003

Presenter: Cancer Association of South Africa

Psychiatric Disability (Mental Illness) Awareness Month

Date: 1-31 July 2003

Presenter: Cape Mental Health Society

World Population Day

Date: 11 July 2003

Presenter: Planned Parenthood Association of South Africa

National Hepatitis Day

Date: 16 July 2003

Presenter: Schering-Plough (Pty) Ltd

Sterilisation Week

Date: 21-25 July 2003

Theme: *I chose sterilisation*

Presenter: Association for Voluntary Sterilisation of South Africa

National Schizophrenia Day

Date: 25 July 2003

Theme: *Family empowerment*

Presenter: Schizophrenia Foundation of South Africa

National CANSA Week

Date: 27 July-2 August 2003

Presenter: Cancer Association of South Africa

* AUGUST

Oral Health Month

Date: 1-31 August 2003

Presenter: South African Dental Association

Organ Donor Month

Date: 1-31 August 2003

Presenter: Organ Donor Foundation of South Africa

Breastfeeding Week

Date: 1-7 August 2003

Presenter: Department of Health: Nutrition

Cancer Survivors' Day

Date: 3 August 2003

Presenter: Cancer Association of South Africa

Child Injury (Accident) Prevention Week

Date: 12-17 August 2003

Theme: *Team up to child safety - think child safety and act safely*

Presenters: Child Accident Prevention Foundation of South Africa Paraffin Association

International Day of Remembrance of the Slave Trade

Date: 23 August 2003

Cerebral Palsy Awareness Week

Date: 26 August-30 August 2003

Theme: *Disability not inability*

Presenter: Western Cape Cerebral Palsy Association - 50th anniversary

* SEPTEMBER

Heart Awareness Month

Date: 1-30 September 2003

Presenter: Heart Foundation

National Tourism Month

Date: 1-30 September 2003

Presenter: Department of Environmental Affairs and Tourism

Women's Health - Cervical Cancer Awareness Month

Date: 1-30 September 2003

Presenter: Cancer Association of South Africa

Arbor Week

Date: 1-7 September 2003

Presenter: Department Water Affairs and Forestry

Muscular Dystrophy Week

Date: 1-7 September 2003

Presenter: Muscular Dystrophy Foundation

Adult Learners' Week

Date: 1-8 September 2003

Presenter: The Adult Learning Forum

Deaf Awareness Week

Date: 1-8 September 2003

Theme: *Selected First Quarter 2003*

Presenter: Deaf Federation of South Africa (DEAFSA)

School AIDS Week

Date: 2-6 September 2003

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Presenter: Planned Parenthood Association of South Africa

Physical Disability Awareness Day (Casual Day)

Date: 5 September 2003

Theme: *Wear casual clothes to support the physically disabled*

Presenter: Association for the Physically Disabled (Western Cape)

International Literacy Day

Date: 8 September 2003

Presenter: Centre for the Book

International Physiotherapy Day

Date: 8 September 2003

Presenter: South African Society of Physiotherapy

Physiotherapy Back Week

Date: 8-14 September 2003

Presenter: South African Society of Physiotherapy

Foetal Alcohol Syndrome Day (FAS)

Date: 9 September 2003

Theme: *Ringing of the bells*

Presenter: South African National Council on Alcoholism and Drug Dependence (SANCA Western Cape)

International Coastal Clean-up Day

Date: 14 September 2003

Presenter: Department of Environmental Affairs and Tourism

International Day of Peace

Date: 16 September 2003

International Day for the Preservation of the Ozone Layer

Date: 16 September 2003

Presenter: Department of Environmental Affairs and Tourism

World Alzheimer's Day

Date: 21 September 2003

Presenter: Alzheimer's and Related Dementias Association: Western Cape (ARDA)

International Retina Week

Date: 23-29 September 2003

Theme: *Jeans for genes*

Presenter: Retinal Preservation Foundation of South Africa (Cape of Good Hope Branch)

World Tourism Day

Date: 27 September 2003

Theme: *A journey of discovery*

Presenter: Department of Environmental Affairs and Tourism

World Heart Day

Date: 28 September 2003

Presenter: Heart Foundation

SPCA International Animal Week

Date: 29 September-5 October 2003

Presenter: Cape of Good Hope SPCA

Week of Older Persons

Date: 29 September-5 October 2003

Presenters: South African Council for the Aged Age in Action

* OCTOBER

International Arthritis Awareness Month

Date: 1-31 October 2003

Presenter: Arthritis Foundation

Mental Health Awareness Month

Date: 1-31 October 2003

Presenter: Cape Mental Health Society

Women's Health - Breast Cancer Awareness Month

Date: 1-31 October 2003

Presenter: Cancer Association of South Africa

International Day of Older Persons

Date: 1 October 2003

Presenters: South African Council for the Aged Age in Action

International Animal Week

Date: 1-8 October 2003

Presenter: Cape of Good Hope SPCA

Grandparents' Day

Date: 5 October 2003

Weed Buster Day (World Habitat Day)

Date: 6 October 2003

Presenter: Department Water Affairs and Forestry

Anxiety Disorders Awareness Week

Date: 6-12 October 2003

Presenter: Mental Health Information Centre

International Day for Natural Disaster Reduction

Date: 8 October 2003

World Post Day

Date: 9 October 2003

World Sight Day

Date: 9 October 2003

Presenter: SA National Council for the Blind

National Nutrition Week

Date: 9-15 October 2003

Presenter: Department of Health: Nutrition

World Mental Health Day

Date: 10 October 2003

Presenter: Cape Mental Health

International Arthritis Day

Date: 12 October 2003

Presenter: Arthritis Foundation

National Marine Week

Date: 14-18 October 2003

Presenter: Department of Environmental Affairs and Tourism

International White Cane Day

Date: 15 October 2003

Presenter: SA National Council for the Blind

International School Libraries Day

Date: 16 October 2003

Presenter: Centre for the Book

World Food Day

Date: 16 October 2003

Presenter: Department of Health: Nutrition

International Day for the Eradication of Poverty

Date: 17 October 2003

Eye Care Awareness Week

Date: 17-22 October 2003

Presenter: SA National Council for the Blind

Healthy Cities Day

Date: 18 October 2003

Presenter: University of the Western Cape (UWC): Public Health

National Marine Day

Date: 18 October 2003

Presenter: Department of Environmental Affairs and Tourism

Down Syndrome Awareness Week

Date: 20-24 October 2003

Presenter: Down Syndrome Association

* NOVEMBER

Home/Community-based Care

Date: 1-30 November 2003

Theme: *The cost-effective way*

Presenters: Hospice Association St Luke's Hospice

Children's Day

Date: 1 November 2003

Home-based Care Week

Date: 10-14 November 2003

Presenters: Hospice Association St Luke's Hospice

National Diabetes Awareness Week

Date: 10-15 November 2003

Presenter: South African Diabetes Association

Men's Health Week

Date: 10-16 November 2003

Theme: *Prevention is better than cure*

Presenter: Men's Health Magazine

World Diabetes Day

Date: 14 November 2003

Presenter: South African Diabetes Association

World Day for the Prevention of Child Abuse and Neglect

Date: 19 November 2003

Presenter: Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)

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Universal Children's Day

Date: 20 November 2003

Presenter: Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)

International Day for the Prevention of Violence against Women

Date: 25 November 2003

Presenters: Western Cape Network on Violence against Women
New Women's Movement

16 Days of Activism Against Gender Violence

Date: 25 November-10 December 2003

Presenters: Western Cape Network on Violence against Women
New Women's Movement

International Day for the Prevention of Violence Against Women

Date: 25 November 2003

Presenters: Western Cape Network on Violence against Women
New Women's Movement

❁ DECEMBER

Sun Protection and Skin Cancer Awareness Month

Date: 1-31 December 2003

Presenter: Cancer Association of South Africa

World AIDS Day

Date: 1 December 2003

Presenter: Planned Parenthood Association of South Africa

International Day for Disabled Persons

Date: 3 December 2003

Presenters: Association for the Physically Disabled (Western Cape)
SA National Council for the Blind

International Volunteer Day

Date: 5 December 2003

Theme: *Building a nation that cares*
Presenter: Volunteer Centre

Human Rights Day

Date: 10 December 2003

Anti-Racism Day

Date: 12 December 2003

CONTACT DETAILS

The Adult Learning Forum

Tel: (021) 851-1427

Age in Action

Tel: (021) 426-4249

Alcoholics Anonymous

Tel: (011) 341-0609 / (021) 418-0020

Fax: (021) 418-0022

Website: cape.org.za

Alzheimer's and Related Dementias Association: Western Cape (ARDA)

Contact person: Henriette Arendse

Tel: (011) 478-2234

Contact person: Karen Borochowitz

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Arthritis Foundation

Contact person: Lady de Villiers

Tel: (021) 425-4738/425-2344

Fax: (021) 421-7330

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Association for the Physically Disabled (Western Cape)

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Association for Voluntary Sterilisation of South Africa

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Asthma Association

Contact person: Geraldine Brown

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Cancer Association of South Africa

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Website: cansa.org.za / cansa.co.za

Cape of Good Hope SPCA

Contact person: Parveen Said

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E-mail: publicrelations@spca-ct.co.za

Website: <http://www.spca-ct.co.za>

Cape Mental Health Society

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Website: capementalhealth.co.za

CapeTown Drug Counselling Centre

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Centre for the Book

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Centre for Conservation Education

Contact person: Sigi Howes

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Child Accident Prevention Foundation of South Africa

Tel: (021) 685-5208

Childbirth Educators Resource Group

Tel: (011) 827-4810/0860 18 18 18

CMC Health Resource Centre

Tel: (021) 931-8140

Cystic Fibrosis Association

Tel: (021) 557-0323

Deaf Federation of South Africa (DEAFSA)

Contact person: Carol Cory

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Department of Health: Nutrition

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Department of Environmental Affairs and Tourism

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Department Water Affairs and Forestry

Contact person: Michelle Parker

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Down Syndrome Association

Tel: (021) 910-0753 / 919-2701

Endometriosis Society of South Africa

Tel: (011) 646-0449

Epilepsy South Africa

Tel: (021) 447-3014

Family and Marriage Society of South Africa (FAMSA) Western Cape

Contact person: Shaunette Toms

Tel: (021) 461-7360

Fax: (021) 461-9198

E-mail: famsawc@new.co.za

Website: famsawc.org.za

Gender Advocacy Programme

Contact person: N Gamildien

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Health Promotion Resource Centre
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Heart Foundation

Contact person: Meriel Bartlett
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E-mail: <heart@heartfoundation.co.za>
Website: heartfoundation.co.za

Hospice Association

Tel: (021) 531-2094

Iziko: Museums of Cape Town

Contact person: Medeé Rall
Tel: (021) 424-3330

Kidney Foundation of South Africa

Tel: (011) 447-4677 / (011) 788-0046

Leprosy Mission Southern Africa

Contact person: Peter Laubscher
Tel: (011) 440-6323/440-5826
Fax: (011) 440-6324
E-mail: <peter@tlm.co.za>
Website: leprosymission.co.za
Contact person: Otto Kingsley
Tel: (021) 558-2020

Men's Health Magazine

Tel: (021) 408-3800

Mental Health Information Centre

Tel: (021) 938-9229

Muscular Dystrophy Foundation

Tel: (021) 557-1423

New Women's Movement

Tel: (021) 697-3337/8

Occupational Therapy Association of South Africa

Tel: (021) 440-3218

Organ Donor Foundation of South Africa

Tel: 0800 22 66 11
(toll free) / (021) 426-0198

Paraffin Association

Tel: (021) 424-3473

Provincial Administration Western Cape

(PAWC): Chronic Care
Tel: (021) 483-3071

Provincial Administration Western Cape

(PAWC): Dietitian
Tel: (021) 918-1481

Provincial Administration Western Cape

(PAWC): Health Promotion & Marketing
Tel: (021) 918-1247

Provincial Administration Western Cape

(PAWC): Information Management
Tel: (021) 918-1503

Provincial Administration Western Cape

(PAWC): Reproductive Health
Tel: (021) 918-1545

Planned Parenthood Association of South Africa

Tel: (021) 448-7312
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Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)

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Retinal Preservation Foundation of South Africa (Cape of Good Hope Branch)

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SA National Council for the Blind

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Schering-Plough (Pty) Ltd

Contact person: Anne van Rooyen
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Fax: (011) 974-2977

Schizophrenia Foundation of South Africa

Tel: (011) 884-7045
Fax: (011) 784-8482
Website: sch-sa.co.za

Society for Family Health

Tel: (021) 448-7303

South African Council for the Aged

Tel: (021) 914-7751/2

South African Dental Association

Contact person: Dr Roux Vermeulen
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Website: <http://www.sadanet.co.za>

South African Diabetes Association

Contact person: Marelize Batt
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South African Federation for Mental Health

Tel: (011) 242-9600

South African National Council on Alcoholism and Drug Dependence (SANCA Western Cape)

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South African National Epilepsy League (SANEL)

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Fax: (021) 448-0705

South African Psoriasis Association

Tel: (021) 981-1650

South African Society of Physiotherapy

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Contact person: Cornelia van Eck
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St Luke's Hospice

Contact person: Anne Wright
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Website: stlukes.co.za
Contact person: Hannelie van Tonder
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University of the Western Cape (UWC): Public Health

Tel: (021) 959-2809

Volunteer Centre

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Website: <http://www.volcent.za.org>

Western Cape Cerebral Palsy Association - 50th anniversary

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Western Cape Haemophilia Foundation

Tel: (021) 404-3538

Western Cape Network on Violence against Women

Tel: (021) 633-5287 / 422-1690

Western Cape Provincial Library Service

Tel: (021) 483-2234
Fax: (021) 419-7541
E-mail: <capelib@pawc.wcape.gov.za>
Website: westerncape.gov.za/library

Western Province Blood Transfusion Service

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