

## PROVINCIAL AND NATIONAL INDICATORS

### Demographic Indicators

Data taken from SA Health Review 2001 (<http://www.hst.org.za/sahr>)

INDICATOR	Eastern Cape	Free State	Gauteng	KwaZulu-Natal	Mpumalanga	Northern Cape	Limpopo	North West	Western Cape	RSA	Date	Source
Annual population growth rate	2.6%	1.5%	1.3%	2.8%	3.0%	0.8%	4.0%	3.1%	1.7%	2.4%	1993	DBSA
Crude death rate (Low estimate)	13.0	12.0	10.7	11.5	11.8	10.6	12.8	12.5	9.8	11.7	2001	IFR Projections, 1999
Average household size	4.6	4.1	3.7	5.0	4.6	4.3	4.9	4.6	3.9	4.4	1996	Census 96
Population	7 130 427	2 857 519	8 641 635	9 215 201	3 537 365	961 353	5 424 585	3 085 164	4 314 196	45 167 445	2002	StatsSA
Urban/rural distribution	U: 36.6% R: 63.4%	U: 68.6% R: 31.4%	U: 97.0% R: 3.0%	U: 43.1% R: 56.9%	U: 39.1% R: 60.9%	U: 70.1% R: 29.9%	U: 11.0% R: 89.0%	U: 34.9% R: 65.1%	U: 88.9% R: 11.1%	U: 53.7% R: 46.3%	1996	Census 96
Population density / km <sup>2</sup>	38.4	21.0	448.4	95.1	36.7	2.3	41.7	29.9	31.5	34.4	1996	Census 96
Area (% of SA)	13.9%	10.6%	1.4%	7.6%	6.5%	29.7%	10.2%	9.5%	10.6%	100%	1996	Census 96

### Socio-economic indicators

Data taken from SA Health Review 2001 (<http://www.hst.org.za/sahr>)

INDICATOR	Eastern Cape	Free State	Gauteng	KwaZulu-Natal	Mpumalanga	Northern Cape	Limpopo	North West	Western Cape	RSA	Date	Source
GDP per capita	2 856	5 185	11 862	4 563	6 105	6 513	2 019	3 509	9 381	5 916	1996	StatsSA HDI 2001
Human Dev. Index (1=excellent)	0.643	0.671	0.771	0.658	0.657	0.679	0.629	0.608	0.762	0.688	1996	StatsSA HDI 2001
Adult literacy rate	76.5%	88.8%	98.1%	89.2%	79.4%	83.8%	77.7%	73.2%	95.8%	85.9%	1996	StatsSA HDI 2001
Education level (% >20 years of age who received no schooling)	20.9%	16.1%	9.5%	22.9%	29.4%	21.7%	36.9%	22.7%	6.7%	19.3%	1996	Census 96
Unemployment rate (Expanded definition)	46.7%	34.0%	32.5%	37.8%	37.0%	29.1%	50.2%	42.1%	18.9%	36.2%	1999	StatsSA HDI 2001 OHS
Unemployment rate (Official definition)	29.8%	23.3%	20.6%	25.9%	24.4%	18.1%	34.0%	23.5%	13.7%	23.3%	1999	StatsSA HDI 2001
Share of Poverty Gap (difference: total income of poor households and poverty line)	22.1%	5.6%	9.8%	22.2%	7.7%	1.7%	18.2%	8.7%	4.0%	(100%)	1996	Poverty 96
People living in poverty	74.3%	54.1%	32.3%	63.0%	63.9%	57.5%	77.9%	60.9%	29.1%	56.9%	1996	Poverty 96

## Health (Nutrition) Indicators

Data taken from SADHS, NFCS, SAVACG SURVEY, IDD SURVEY

[www.sahealthinfo.org](http://www.sahealthinfo.org) [www.sun.ac.za/nutrition](http://www.sun.ac.za/nutrition) [www.gov.za/dept/index](http://www.gov.za/dept/index)

INDICATOR	Eastern Cape	Free State	Gauteng	KwaZulu-Natal	Mpumalanga	Northern Cape	Limpopo	North West	Western Cape	RSA	Date	Source
<b>Infant mortality rate (IMR)</b>	61.2/1 000	53/1 000	36.3/1 000	52.1/1 000	47.3/1 000	41.8/1 000	37.2/1 000	42/1 000	30/1 000	45/1 000	1998	SADHS
<b>Child mortality rate (U5MR)</b>	80.5/1 000	72/1 000	45.3/1 000	74.5/1 000	63.7/1 000	55.5/1 000	52.3/1 000	56/1 000	39/ 1 000	61/1 000	1998	SADHS
<b>Low birth weight (LBW)</b>	6.4%	11.5%	7.8%	9.5%	8.0%	13.0%	6.6%	9.3%	9.1%	8.3%	1998	SADHS
<b>Stunting (H/A) (% &lt;-2SDs)</b>												
1-9 years	20.5%	29.6%	20.4%	18.5%	26.4%	29.6%	23.1%	24.9%	14.5%	21.6%	1999	NFCS
1-3 years	23.2%	39.8%	26.2%	25.1%	29.1%	30.0%	19.9%	31.9%	14.2%	25.5%		
4-6 years	19.9%	27.2%	15.6%	16.8%	25.0%	31.3%	29.0%	18.3%	14.8%	20.7%		
7-9 years	16.9%	3.4%	6.0%	4.8%	21.4%	23.5%	16.7%	17.6%	14.8%	13.0%		
<b>Wasting (W/H) (% &lt;-2SDs)</b>												
1-9 years	1.8%	3.4%	1.2%	4.2%	2.8%	9.6%	7.5%	5.7%	0.9%	3.7%	1999	NFCS
1-3 years	2.8%	3.2%	1.3%	2.3%	1.8%	12.9%	11.0%	5.3%	1.4%	4.0%		
4-6 years	1.9%	1.2%	1.6%	5.4%	3.3%	4.2%	5.3%	7.3%	0.8%	3.4%		
7-9 years	0.0%	10.3%	0.0%	7.2%	3.4%	11.8%	3.7%	2.9%	0.0%	3.4%		
<b>Underweight (W/A) (% &lt;-2SDs)</b>												
<i>Moderate:</i>												
1-9 years	7.1%	14.3%	8.8%	6.0%	4.2%	23.7%	15.0%	15.3%	8.3%	10.3%	1999	NFCS
1-3 years	10.6%	20.4%	9.9%	6.5%	7.3%	27.1%	14.0%	18.6%	9.9%	12.4%		
4-6 years	3.8%	9.9%	9.4%	6.6%	3.3%	20.8%	16.0%	12.2%	4.9%	8.8%		
7-9 years	7.2%	6.9%	2.0%	3.65	0.0%	17.6%	14.8%	11.8%	11.5%	7.7%		
<i>Severe:</i>												
(% <-3SDs)												
1-9 years	1.0%	1.0%	0.5%	0.6%	2.1%	8.9%	1.6%	1.3%	0.9%	1.4%		
1-3 years	2.1%	1.1%	0.4%	0.9%	5.5%	11.4%	2.2%	2.7%	1.4%	2.2%		
4-6 years	0.6%	1.2%	0.8%	0.6%	0.0%	4.2%	1.5%	0.0%	0.0%	0.8%		
7-9 years	0.0%	0.0%	0.0%	0.0%	0.0%	11.8%	0.0%	0.0%	1.6%	0.7%		
<b>Overweight (W/H) (% &gt;+2SDs)</b>												
1-9 years	7.9%	6.4%	5.6%	6.5%	16.7%	4.4%	3.7%	0.9%	5.2%	6.0%	1999	NFCS
1-3 years	11.3%	6.5%	4.3%	10.7%	14.5%	5.7%	3.6%	0.9%	4.2%	6.6%		
4-6 years	6.4%	7.4%	7.0%	3.6%	16.7%	0.0%	2.3%	1.2%	4.9%	5.2%		
7-9 years	4.8%	3.4%	8.0%	1.2%	20.7%	11.8%	7.4%	0.0%	8.2%	6.1%		
<b>Vit A Deficiency (VAD) (%&lt;20ug/dl)</b>	31.1%	26.8%	23.5%	38.0%	33.0%	18.5%	43.5%	32.0%	21.0%	33.3%	1995	SAVACG SURVEY
<b>Iron deficiency Anemic (%&lt;11g/dl)</b>	20.6%	17.1%	16.3%	10.4%	27.7%	21.5%	34.2%	24.5%	28.6%	21.4%	1995	SAVACG SURVEY
<b>Iron depleted (%&lt;12ug/dL)</b>	5.0%	6.8%	9.2%	13.4%	11.5%	10.9%	11.0%	8.1%	16.4%	9.8%		
<b>Iron def. anemia (%Hb&lt;11 and Ferritin &lt;12)</b>	3.5%	3.9%	3.8%	3.5%	7.0%	6.5%	9.1%	5.0%	8.2%	5.0%		

INDICATOR	Eastern Cape	Free State	Gauteng	KwaZulu-Natal	Mpumalanga	Northern Cape	Limpopo	North West	Western Cape	RSA	Date	Source
<b>Iodine deficiency</b> (% of Primary School children)	9.5%	16.7%	6.3%	4.2%	41.7%	0.0%	25.0%	0%	3.8%	10.6%	1998	IDD SURVEY
<b>Obesity</b> <i>BMI=30+ Adults (&gt;15 years)</i> Female Male <b>Adolescents (15 to 19 years)</b> Females Males	29.7% 10.0%	29.2% 8.1%	35.6% 10.2%	34.4% 10.4%	25.8% 7.5%	24.8% 7.6%	20.1% 6.2%	18.9% 5.5%	31.2% 13.1%	30.1% 9.3%	1998	SADHS
<b>Overweight</b> <i>BMI=25-29.9 Adults (&gt;15 years)</i> Female Male <b>Adolescents (15 - 19 years)</b> Females Males <b>Children (1 - 9 yrs)</b> (% >+2SDs)	25.7% 20.5%	26.0% 16.3%	26.6% 21.1%	27.4% 21.4%	24.9% 16.6%	24.9% 14.4%	24.0% 16.0%	25.8% 15.4%	25.9% 25.3%	26.1% 19.8%	1998 1998	SADHS SADHS
<b>Underweight</b> <i>BMI=&lt;18.5 Adults (&gt;15 years)</i> Female Male <b>Adolescents (15 - 19 years)</b> Females Males	5.8% 11.5%	7.0% 18.8%	3.4% 9.7%	5.4% 11.1%	4.9% 16.9%	12.5% 23.1%	7.2% 19.7%	8.1% 17.5%	4.9% 5.8%	5.6% 12.9%	1998 1998	SADHS SADHS
<b>Household food insecurity</b>	88-94%	43-54%	51-61%	63-73%	57-75%	68-84%	62-79%	59-81%	40-59%	60-73%	1999	NFCS
<b>Food consumption</b>	-	-	-	-	-	-	-	-	-	10% of children 6 to 15 years don't eat breakfast	1995	National Household survey of Health Inequalities in SA
See tables 5.11 to 5.34 for most nutrients amongst highest consumption in country	-	-	-	-	-	-	-	-	-	50% of children 1- 9 years consume less than half of RDA for key vitamins & minerals	1999	NFCS

INDICATOR	Eastern Cape	Free State	Gauteng	KwaZulu-Natal	Mpumalanga	Northern Cape	Limpopo	North West	Western Cape	RSA	Date	Source
<b>Consumption of adequately iodised salt</b>	-	-	-	-	-	-	-	-	-	62.4% of households (15ppm)	2000	MRC
<b>% of household samples (&gt;10mg/kg)</b>	76%	71%	70%	76%	75%	85%	69%	54%	84%	61% of household samples (>20mg/kg)	1998	IDD SURVEY
<b>Exclusive Breastfeeding</b>												
0 – 3 months	-	-	-	-	-	-	-	-	-	10.4%	1998	SADHS
4 – 6 months	-	-	-	-	-	-	-	-	-	1.2%		
0 – 6 months	-	-	-	-	-	-	-	-	-	7%		
<b>RtHC coverage (Children 12 - 23 months)</b>	68.1%	75.6%	79.6%	62.2%	79.5%	87.8%	89.0%	66.5%	75.8%	74.6%	1998	SADHS
<b>BFHI</b>												
Number of Health facilities assessed	5	1	2	18	6	4	21	0	4	61/480 (13%)	2002	BFHI Assessment DoH/UNICEF