

Compiled by Szerena Knapp

Every effort has been made to ensure that the correct information is published. Should there be any discrepancies please contact the author on (021) 483-2483. Also please note that contact details appear at the end of the article. For national days January and February 2006, see November/December 2005 *Cape Librarian* p.8

▶▶▶ MARCH

International Endometriosis Awareness Month

Date: 1-31 March 2006

Presenter: Endometriosis Society of South Africa

Intellectual Disability (Mental Handicap) Awareness Month

Date: 1-31 March 2006

Theme: *Human rights of persons with intellectual disability*

Presenter: Cape Mental Health Society

Diet, Nutrition and Lifestyle

Date: 1-31 March 2006

Presenter: Cancer Association of South Africa

Red Cross Month

Date: 1-31 March 2006

International Women's Day

Date: 8 March 2006

National Library Week

Date: 13-18 March 2006

Theme: *Every face tells a story*

Contact person: Janine de Villiers

Presenter: Western Cape Provincial Library Service

Brain Awareness Week

Date: 13-19 March 2006

Presenter: Mental Health Information Centre

Earth Day

Date: 20 March 2006

National Water Week

Date: 20-26 March 2006

Presenter: Department Water Affairs and Forestry

International Poetry Day (UNESCO)

Date: 21 March 2006

International Day for the Elimination of Racial Discrimination

Date: 21 March 2006

World Forestry Day

Date: 21 March 2006

World Day for Water

Date: 22 March 2006

Presenter: Department Water Affairs and Forestry

World Meteorological Day

Date: 23 March 2006

Theme: *Preventing and mitigating natural disasters*

Presenter: Department of Environmental Affairs and Tourism

World Tuberculosis Day

Date: 24 March 2006

Presenters: Health Promotion Resource Centre

CMC Health Resource Centre

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Blood Donor Month

Date: 1-30 April 2006

Presenter: Western Province Blood Transfusion Service

Oesophagus Health and Lung Health Month

Date: 1-30 April 2006

Presenter: Cancer Association of South Africa

Klein Karoo National Arts Festival

Date: 1-8 April 2006

Presenter: Department of Environmental Affairs and Tourism

National Polio Eradication Awareness Week

Date: 2-8 April 2006

Presenter: Department of Health: Social Mobilisation

World Health Day

Date: 7 April 2006

Presenter: Department of Health

World Parkinson's Day

Date: 11 April 2006

Presenter: European Parkinson's Disease Association

International Day to combat Desertification

Date: 17 April 2006

Presenter: Department of Environmental Affairs and Tourism

World Haemophilia Day

Date: 17 April 2006

Presenter: Western Cape Haemophilia Foundation

World Heritage Day

Date: 18 April 2006

World Book Day

Date: 23 April 2006

Theme: *Books talk*

Presenter: Centre for the Book

International Noise Awareness Day

Date: 26 April 2006

World Day for Safety & Health at Work

Date: 28 April 2006

Presenter: Provincial Government Western Cape: Occupational Health

Presenter: Occupational & Environmental Health Research Unit (MRC)

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Cystic Fibrosis Awareness Month

Date: 1-31 May 2006

Presenter: Cystic Fibrosis Association

Anti-Tobacco Month

Date: 1-31 May 2006

Presenter: Cancer Association of South Africa

Hepatitis Awareness Month

Date: 1-31 May 2006

Presenter: Hepatitis Foundation International

Hospice Week

Date: 1-7 May 2006

Presenters: Hospice Association St Luke's Hospice

World Asthma Day

Date: 2 May 2006

Theme: *Burden of asthma*

Presenter: Asthma Association

World Press Freedom Day

Date: 3 May 2006

International Firefighters' Day

Date: 4 May 2006

International No-Diet Day

Date: 6 May 2006

Presenter: Provincial Administration Western Cape: Dietician

Tourism Indaba

Date: 6-9 May 2006

Presenter: Department of Environmental Affairs and Tourism

World Red Cross Day

Date: 8 May 2006

Nurses Day

Date: 12 May 2006

Presenter: Provincial Administration Western Cape: Information Management

International Day of Families

Date: 15 May 2006

Presenter: Family and Marriage Society of South Africa (FAMSA) Western Cape

Occupational Therapy Awareness Week

Date: 15-19 May 2006

Theme: *Get a better grip on life*

Presenter: Occupational Therapy Association of South Africa

International AIDS Candlelight Memorial Day

Date: 16 May 2006

Presenter: Provincial Administration Western Cape: Health Promotion & Marketing

World Telecommunication Day

Date: 17 May 2006

Presenter: TELKOM

International Museum Day

Date: 18 May 2006

Presenters: Iziko: Museums of Cape Town Centre for Conservation Education

Bipolar day

Date: 26 May 2006

International Day of Action for Women's Health

Date: 28 May 2006

Presenter: Gender Advocacy Programme

Child Protection Week

Date: 29 May-3 June 2006

Presenters: Department of Social Development Department of Social Services

World No-Tobacco Day

Date: 31 May 2006

Presenter: Cancer Association of South Africa

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Date: 1-30 June 2006

Theme: *Building child-safe communities*

Presenter: Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)

Men's Health Prostate and Testicular Cancer

Date: 1-30 June 2006

Presenter: Cancer Association of South Africa

International Children's Day

Date: 1 June 2006

Presenter: Department of Social Development

National Paraffin Safety Day

Date: 1 June 2006

Presenter: Paraffin Safety Association of SA

International Volunteer Week

Date: 1-7 June 2006

Presenter: Volunteer Centre

World Environment Day

Date: 5 June 2006

Presenter: Department of Environmental Affairs and Tourism

Alcoholics Anonymous Founders Day

Date: 10 June 2006

Presenter: Alcoholics Anonymous

World Blood Donor Day

Date: 14 June 2006

Presenter: WP Blood Transfusion Service

National Youth Day

Date: 16 June 2006

Presenter: RAPCAN

Presenter: PPASA

Presenter: Education Department

National Epilepsy Week

Date: 19-25 June 2006

Theme: *Into the light*

Presenter: South African National Epilepsy League (SANEL)

SANCA Drug Awareness Week

Date: 19-26 June 2006

Presenters: Cape Town Drug Counselling Centre

South African National Council on Alcoholism and Drug Dependence

Refugees' Day

Date: 20 June 2006

Presenter: Planned Parenthood Association of South Africa

Get Tested Day

Date: 21 June 2006

Presenter: Heart Foundation

International Day Against Drug Abuse and Trafficking

Date: 26 June 2006

Presenters: Cape Town Drug Counselling Centre

South African National Council on Alcoholism and Drug Dependence

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Date: 1-31 July 2006

Presenter: Cancer Association of South Africa

Psychiatric Disability Awareness Month (Mental Illness)

Date: 1-31 July 2006

Presenter: Cape Mental Health Society

Alzheimer's Awareness Week

Date: 3-9 July 2006

Corporate Wellness Week

Date: 3-9 July 2006

Presenter: Heart Foundation

World Population Day

Date: 11 July 2006

Presenter: Planned Parenthood Association of South Africa

Hepatitis Day

Date: 16 July 2006

Sterilisation Week

Date: 24-28 July 2006

Presenter: Association for Voluntary Sterilisation of South Africa

National Schizophrenia Day

Date: 25 July 2006

Theme: *Education is the key (to acceptance)*

Presenter: Schizophrenia Foundation of South Africa

Cancer Prevention Week

Date: 31 July-6 August 2006

Theme: *Flowers for hope*

Presenter: Cancer Association of South Africa

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Date: 1-31 August 2006

Presenter: South African Dental Association

Organ Donor Month

Date: 1-31 August 2006

Presenter: Organ Donor Foundation of South Africa

Breastfeeding Week

Date: 1-7 August 2006

Presenter: Provincial Government Western

Cape: Maternal and Neonatal Services

International Friendship Day

Date: 3 August 2006

National Immunisation Awareness Week

Date: 6-12 August 2006

Theme: *Increasing the coverage*

Presenter: Department of Health: Social Mobilisation

Rheumatic Fever Week

Date: 7-13 August 2006

Presenter: Heart Foundation

Organ Donor Week

Date: 8-14 August 2006

International Day of Indigenous People

Date: 9 August 2006

National Women's Day

Date: 9 August 2006

Presenter: Family and Marriage Society of South Africa (FAMSA) Western Cape

National Cancer Survivors' Day

Date: 12 August 2006

Health Promoting Schools Week

Date: 21-25 August 2006

Presenter: UCT Schools Development Unit: (Achamat Adams)

Presenter: Health Resource Centre

International Day for Remembrance of the Slave Trade

Date: 23 August 2006

Deaf Awareness Week

Date: 24-30 August 2006

Presenter: Deaf Federation of South Africa (DEAFSA)

Kidney Awareness Week

Date: 26 August-4 September 2006

Presenter: Kidney Foundation of South Africa

Cerebral Palsy Awareness Week

Date: 28 August-3 September 2006

Theme: *Disability not inability*

Presenter: Western Cape Cerebral Palsy Association

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Date: 1-30 September 2006

Presenter: Continenence Awareness South Africa

Leukemia Awareness Month

Date: 1-30 September 2006

Muscular Dystrophy Awareness Month

Date: 1-30 September 2006

Presenter: Muscular Dystrophy Foundation

National Heart Awareness Month

Date: 1-30 September 2006

Presenter: Heart Foundation

National Tourism Month

Date: 1-30 September 2006

Presenter: Department of Environmental Affairs and Tourism

School AIDS Month

Date: 1-30 September 2006
Presenter: Planned Parenthood Association of South Africa

Women's Health - Cervical Care Month

Date: 1-30 September 2006
Presenter: Cancer Association of South Africa

Arbor Week

Date: 1-7 September 2006
Presenter: Department Water Affairs and Forestry

National Arbor Day

Date: 1 September 2006

Casual Day

Date: 1 September 2006
Presenter: South African National Council for the Blind

Adult Learners' Week

Date: 4-10 September 2006
Presenter: The Adult Learning Forum

Deaf Awareness Week

Date: 4-10 September 2006

Pharmacy Week

Date: 4-11 September 2006
Presenter: Department of Health: Pharmacist

International Literacy Day

Date: 8 September 2006
Presenter: Centre for the Book

International Fetal Alcohol Syndrome Day (FAS)

Date: 9 September 2006
Theme: *Children need love not alcohol*
Presenter: South African National Council on Alcoholism and Drug Dependence (SANCA Western Cape)

World Suicide Prevention Day

Date: 10 September 2006

Physiotherapy Back Week

Date: 11-15 September 2006
Presenter: South African Society of Physiotherapy

International Coastal Clean-up Day

Date: 16 September 2006
Presenter: Department of Environmental Affairs and Tourism

World Ozone Day

Date: 16 September 2006
Presenter: Department of Environmental Affairs and Tourism

Stroke Awareness Week

Date: 18-24 September 2006
Presenter: Stroke Foundation

International Day of Peace

Date: 19 September 2006

World Alzheimer's Day

Date: 21 September 2006

Presenter: Alzheimer's and Related Dementias Association: Western Cape (ARDA)

Safe Sleep Week

Date: 23-30 September 2006
Theme: *Reducing the risk of cot death*
Presenter: Snuggle-Time

World Heart Day

Date: 24 September 2006
Presenter: Heart Foundation

International Retina Week

Date: 24-30 September 2006
Presenter: Retinal Preservation Foundation of South Africa (Cape of Good Hope Branch)

Week of Older Persons

Date: 25 September-1 October 2006
Presenters: South African Council for the Aged
Age in Action

World Tourism Day

Date: 27 September 2006
Presenter: Department of Environmental Affairs and Tourism

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International Arthritis Awareness Month

Date: 1-31 October 2006
Presenter: Arthritis Foundation

Mental Health Awareness Month

Date: 1-31 October 2006
Presenter: Cape Mental Health Society

Breast Cancer Month

Date: 1-31 October 2006
Presenter: Cancer Association of South Africa

National Inherited Disorders Day

Date: 1 October 2006
Theme: *Advances in and benefits of research*
Presenter: Mental Health Information Centre

International Day for Older Persons

Date: 1 October 2006
Presenters: South African Council for the Aged
Age in Action

International Animal Week

Date: 1-8 October 2006
Presenter: Cape of Good Hope SPCA

World Habitat Day

Date: 2 October 2006

World Animal Day

Date: 4 October 2006

World Teachers' Day

Date: 5 October 2006

National Nutrition Week

Date: 9-13 October 2006
Presenter: Provincial Administration Western Cape (PAWC); Department of Health: Nutrition

Eye Care Awareness Week

Date: 9-13 October 2006
Presenter: SA National Council for the Blind

World Mental Health Day

Date: 10 October 2006
Presenter: Cape Mental Health

International Day for Natural Disaster Reduction

Date: 8 October 2006

World Arthritis Day

Date: 12 October 2006
Presenter: Arthritis Foundation

World Sight Day

Date: 14 October 2006
Presenter: SA National Council for the Blind

World Food Day

Date: 16 October 2006
Presenter: Provincial Administration Western Cape (PAWC); Department of Health: Nutrition

Obesity Week

Date: 16-22 October 2006
Presenter: Heart Foundation

International Day for the Eradication of Poverty

Date: 17 October 2006

Down Syndrome Awareness Day

Date: 20 October 2006
Presenter: Down Syndrome Association

World Osteoporosis Day

Date: 20 October 2006

World Psoriasis Awareness Day

Date: 29 October 2006
Presenter: South African Psoriasis Association

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Home/Community-based Care Awareness Month

Date: 1-30 November 2006
Presenters: Hospice Association
St Luke's Hospice

Sun Safe Awareness Month

Date: 1 November-31 December 2006
Presenter: Cancer Association of South Africa

National Marine Day

Date: 3 November 2006

National Children's Day

Date: 5 November 2006

Men's Health Week

Date: 10-16 November 2006
Theme: *Prevention is better than cure*
Presenter: Men's Health Magazine

Malaria Day

Date: 12 November 2006

National Diabetes Awareness Week

Date: 13-18 November 2005
Presenter: South African Diabetes Association

CPR Week

Date: 13-19 November 2006
Presenter: Heart Foundation

World Diabetes Day

Date: 14 November 2006
Presenter: South African Diabetes Association

World Day for the Prevention of Child Abuse and Neglect

Date: 19 November 2006
Presenter: Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)

International Day for the Prevention of Violence Against Women

Date: 25 November 2006
Presenters: Western Cape Network on Violence against Women
New Women's Movement

16 Days of Activism Against Domestic Violence

Date: 25 November-10 December 2006
Presenters: Western Cape Network on Violence against Women
New Women's Movement

▶▶▶ DECEMBER**World AIDS Day**

Date: 1 December 2006
Theme: *Women and HIV / AIDS*
Presenter: Planned Parenthood Association of South Africa

International Day for Persons with Disabilities

Date: 3 December 2006
Presenters: Association for the Physically Disabled (Western Cape)
SA National Council for the Blind

Transplant Day

Date: 3 December 2006
Presenter: Organ Donor Foundation

International Volunteer Day

Date: 5 December 2006
Presenter: Volunteer Centre

International Human Rights Day

Date: 10 December 2006

International Day Against Child Trafficking

Date: 12 December 2006
Presenter: Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)

CONTACT DETAILS**The Adult Learning Forum**

Tel: (021) 851-1427

Age in Action

Tel: (021) 426-4249

Alcoholics Anonymous

Tel: (011) 341-0609 / (021) 592-5047
Fax: (021) 592-5047
Web site: cape.org.za

Alzheimer's and Related Dementias Association: Western Cape (ARDA)

Contact person: Henriette Arendse
Tel: (011) 478-2234
Contact person: Karen Borochowitz
Tel: (021) 454-5080
E-mail: <alzheimerssa@icon.co.za>
Web site: alzheimers.org.za

Arthritis Foundation

Contact person: Pat Jones
Tel: (021) 425-4738/425-2344
Fax: (021) 421-7330
E-mail: <arthcpt@mweb.co.za>

Association for the Physically Disabled (Western Cape)

Contact person: Ray Blecher
Tel: (021) 555-2881/2
E-mail: <apd-wc@mweb.co.za>

Association for Voluntary Sterilisation of South Africa

Tel: (021) 531-1665
Fax: (021) 531-2291

Asthma Association

Contact person: Sue Edwards
Tel: (011) 643-2755

Cancer Association of South Africa

Contact person: Alice Victor
Tel: (021) 689-5347
Fax: (021) 685-1937
E-mail: <avictor@cansa.org.za>
Web site: cansa.org.za / cansa.co.za

Cape of Good Hope SPCA

Contact person: Parveen Said
Tel: (021) 706-5755
E-mail: <publicrelations@spca-ct.co.za>
Web site: spca-ct.co.za

Cape Mental Health Society

Contact person: Tahira Kassiem
Tel: (021) 447-9040
Fax: (021) 448-8475
E-mail: <info@cmhs.co.za>
Web site: capementalhealth.co.za

Cape Town Drug Counselling Centre

Contact person: Angelica Parkinson
Tel: (021) 447-8026
E-mail: <ctdcc@iafrica.com>

Continance Awareness South Africa

Tel: (011) 763-6681

Centre for the Book

Contact person: Colleen Higgs
Tel: (021) 423-2669
Fax: (021) 424-1484
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Web site: centreforthebook.org.za

Centre for Conservation Education

Contact person: Sigi Howes
Tel: (021) 762-1622
Fax: (021) 762-8690

Child Accident Prevention Foundation of South Africa

Tel: (021) 685-5208

Childbirth Educators' Resource Group

Tel: (011) 827-4810/0860 18 18 18

CMC Health Resource Centre

Tel: (021) 931-8140

Cystic Fibrosis Association

Tel: (021) 557-0323

Deaf Federation of South Africa (DEAFSA)

Contact person: Carol Cory
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Department of Health

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Department of Health: Nutrition

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Department of Health: Pharmacist

Tel: (021) 918-1526

Department of Health: Social Mobilisation

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Department of Environmental Affairs and Tourism

Contact person: Desetso Ramotso
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Department of Social Development

Contact person: Stefanus Scholtz
Tel: (012) 312-7605

Department of Social Services

Contact person: Derrick Schroeder
Tel: (021) 483-4004

Department Water Affairs and Forestry

Contact person: Michelle Parker
Tel: (012) 336-8252 / (021) 950-7100
E-mail: <bdc@dwaf.pwv.gov.za>

Down Syndrome Association

Tel: (021) 910-0753 / 919-2701

Endometriosis Society of South Africa

Tel: (011) 646-0449

EPI

Tel: (021) 918-1703

Epilepsy South Africa

Tel: (021) 447-3014

Family and Marriage Society of South Africa (FAMSA) Western Cape

Contact person: Shaunette Toms
Tel: (021) 461-7360
Fax: (021) 461-9198
E-mail: <famsawc@new.co.za>
Web site: famsawc.org.za

Gender Advocacy Programme

Contact person: N. Gamildien
Tel: (021) 465-0192/7

Health Promotion Resource Centre

Tel: (021) 931-8140

Heart Foundation

Contact person: Michelle Kearney
Tel: (021) 447-4222 / 083 4127 283
E-mail: <michelle@heartfoundation.co.za>
Web site: heartfoundation.co.za

Hospice Association

Tel: (021) 531-2094

Iziko: Museums of Cape Town

Contact person: Medee Rall
Tel: (021) 424-3330

Kidney Foundation of South Africa

Contact person: Sue Peiser / Pat Fourie
Tel: (011) 788-0046
E-mail: <peiser/admin@global.co.za>

Leprosy Mission Southern Africa

Contact person: Peter Laubscher
Tel: (011) 440-6323/440-5826
Fax: (011) 440-6324
E-mail: <peter@tlm.co.za>
Web site: leprosymission.co.za
Contact person: Otto Kingsley
Tel: (021) 558-2020

Men's Health Magazine

Tel: (021) 408-3800

Mental Health Information Centre

Tel: (021) 938-9229

Muscular Dystrophy Foundation

Tel: (021) 557-1423

Museum Services

Tel: (021) 483-9707

New Women's Movement

Tel: (021) 697-3337/8

Occupational & Environmental Health Research Unit (MRC)

Tel: (021) 406-6719

Occupational Therapy Association of South Africa

Tel: (021) 440-3218

Organ Donor Foundation of South Africa

Tel: 0800 22 66 11 (toll free) / (021) 426-0198

Paraffin Safety Association of SA

Tel: (021) 424-3473

Provincial Administration Western Cape (PAWC): Chronic Care

Tel: (021) 483-3071

Provincial Administration Western Cape (PAWC): Dietitian

Tel: (021) 918-1481

Provincial Administration Western Cape (PAWC): Health Promotion & Marketing

Tel: (021) 918-1247

Provincial Administration Western Cape (PAWC): Information Management

Contact person: Danver Roman
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Provincial Administration Western Cape (PAWC): Maternal and Neonatal Services

Tel: (021) 918-1507

Provincial Administration Western Cape (PAWC): Occupational Health

Tel: (021) 483-3287

Provincial Administration Western Cape (PAWC): Reproductive Health

Tel: (021) 918-1545

Planned Parenthood Association of South Africa

Tel: (021) 448-7312
Fax: (021) 448-7320
E-mail: <ppawc@ppawc.co.za>
Web site: ppasa.org.za

Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)

Tel: (021) 712-2330

Retinal Preservation Foundation of South Africa (Cape of Good Hope Branch)

Contact person: Roy Abbott
Tel/Fax: (021) 591-3407 / (021) 592-6099

SA National Council for the Blind

Contact person: Marlene Swanepoel
Tel: (012) 346-1171
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E-mail: <Hope@sanccb.org.za>

Schering-Plough (Pty) Ltd

Contact person: Estelle Hugo
Tel: (011) 922-3310
Fax: (011) 974-2977

Schizophrenia Foundation of South Africa

Tel: (011) 884-7045
Fax: (011) 784-8482
Web site: sch-sa.co.za

Society for Family Health

Tel: (021) 448-7303

South African Council for the Aged

Tel: (021) 914-7751/2

South African Dental Association

Contact person: Dr Roux Vermeulen
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Web site: sadanet.co.za

South African Diabetes Association

Contact person: Marelize Batt
Tel: (021) 425-4440
Cell: 082 412 8759

South African Federation for Mental Health

Tel: (011) 242-9600

South African National Council on Alcoholism and Drug Dependence (SANCA Western Cape)

Contact person: Ruth Fortuin
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South African National Epilepsy League (SANEL)

Tel: (021) 447-3014
Fax: (021) 448-0705

South African Psoriasis Association

Tel: (021) 981-1650

South African Society of Physiotherapy

Contact person: Daphne Beukes
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Web site: physiosa.org.za
Contact person: Cornelia van Eck
Tel: (021) 975-2634

St Luke's Hospice

Contact person: Anne Wright
Tel: (021) 797-5335
Fax: (021) 761-0130
E-mail: <annew@stlukes.co.za>
Web site: stlukes.co.za

Stroke Foundation

Tel: (011) 803-4997

TELKOM

Contact person: Hannelie van Tonder
Tel: (021) 311-3740
E-mail: <vtondeh@telkom.co.za>

University of the Western Cape (UWC): Public Health

Contact person: Ruth Stern
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Volunteer Centre

Contact person: Deline van Boom
Tel: (021) 418-1116/7
Fax: (021) 418-3707
E-mail: <volcent@iafrica.com>
Web site: volcent.za.org

Western Cape Cerebral Palsy Association

Contact person: Veronica Pronk
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Western Cape Haemophilia Foundation

Tel: (021) 404-3538

Western Cape Network on Violence against Women

Tel: (021) 633-5287 / 422-1690

Western Cape Provincial Library Service

Contact person: Janine de Villiers
Tel: (021) 483-2234
Fax: (021) 419-7541
E-mail: <capelib@pgwc.gov.za>
Web site: capegateway.gov.za/library

Western Province Blood Transfusion Service

Contact person: Marika Champion
Tel: (021) 507-6368
Fax: (021) 507-6408
E-mail: <marika@wpbts.org.za>