

●●● ADULT NON-FICTION VOLWASSE VAKLEKTUUR

GARCIA, Megan

Yoga for real women.- Dorling Kindersley, 2006.

Do you think yoga is not for you because you are not skinny enough? Well think again. With Megan Garcia's programme MegaYoga, modified for bigger women, you can experience confidence, strength, flexibility and rejuvenation without having to worry about your size or level of fitness. Illustrated with step-by-step colour photographs, Garcia's new title offers a variety of yoga routines from warming up, working out to relaxing.

A welcome bonus to the text is the thirty, sixty and ninety minute workout programmes.

EMW

HERMAN, Eleanor

Sex with the queen: 900 years of vile kings, virile lovers, and passionate politics.-

W Morrow, 2006.

This companion volume to the author's previous title **Sex with kings**, offers revealing insights into the private lives of royalty's fairer sex.

When imagining the life of a princess bride, we envision a life of luxury with a loving and caring husband. In reality this was not always so, as the pre-arranged marriage system of the time linked these unfortunates in mostly undesirable matches to husbands who did not want them or wish to sleep with them. In most cases the king had royal mistresses, and soon queens likewise found lovers too, usually with men who were kind to them. Such liaisons usually had disastrous consequences. It was only queens such as Catherine the Great of Russia, who ruled in her own right that could get away with it (she was notorious for her numerous affairs). Others like Catherine Howard, wife of English king Henry VIII, lost her head while her lover was brutally executed.

The author reveals her journalistic background as she covers European queens from the Middle Ages to Princess Diana.

Readers who enjoy light historical non-fiction will certainly enjoy this entertaining and informative read.

EB

HOLFORD, Patrick

Food is better medicine than drugs: your prescription for drug-free health.- Piatkus, 2006.

Nutrition expert Patrick Holford and award-winning medical journalist Jerome Burne put forward their views on how potentially harmful most prescribed medication is. They explain how better

results can be obtained through a healthier diet and lifestyle and the use of food supplements. They include discussion of specific conditions and diseases. For readers interested in natural health topics.

MJI

JOVANOVSKI, Tanya

No one can climb the ladder of success with their hands in their pockets.- The Author, 2006.

Local business fundi and founder of the Business Network, Tanya Jovanovski provides sound business advice in her latest title, **No one can climb the ladder of success with their hands in their pockets**. She says that individuals make too many excuses not to start their own business and reach for success. Here she shows that age and finance do not matter. An inspiring example is Colonel Saunders of Kentucky Fried Chicken (KFC), who started his business at sixty-two. She urges readers to 'think big' and follow their passion. She focuses on marketing, finance, organisational and networking skills, attitude, et cetera. The text also includes inspiring stories of individuals who started their own businesses. An additional bonus to the text is the contact details of local business fundis. A useful business resource filled with practical advice.

EMW

KRUGER, Douglas

Praat maklik voor mense: 50 wenwenke.- Human, 2006.

Sukkel jy om voor 'n gehoor op te tree of moet jy gereeld voorleggings by vergaderings of byeenkomste doen? Wel, dan is hierdie gids net vir jou. Suid-Afrikaanse kampioenspreker, Douglas Kruger, gee in sy nuwe boek 50 wenwenke wat verseker dat 'n gehoor na jou sal luister en dit bowenal geniet. Waarlik 'n nuttige boek, vol praktiese raad.

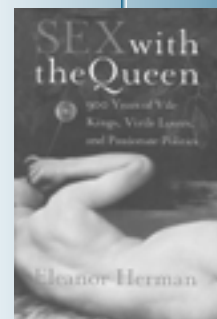
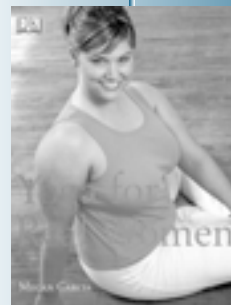
EMW

●●● ADULT FICTION VOLWASSE VERHALENDE LEKTUUR

BINGHAM, Harry

The lieutenant's lover.- Harper, 2006.

Aristocratic young Russian officer Misha meets working-class nurse Tonya at the time of the Bolshevik Revolution. They fall deeply in love, but the fates are against them. Misha must flee the country and they are separated for many years. After surviving World War II, Misha becomes involved in spying for the British in Berlin, where he hears news of Tonya... Described by the publisher as 'an epic tale of love, war, separation and hope',



this sweeping saga covers the greater part of the twentieth century. It reads easily and will appeal to those looking for light-middlebrow novels.

MJI

CONNOLLY, John

The book of lost things.- Hodder, 2006.

Novels using a twist to traditional fairy tales have become quite the vogue in recent years. The majority of these novels have been very rewarding reads, but with the plethora of new entries, it is good to find one that truly stands out and holds its own with the best of them. Such a find is John Connolly's latest novel that is somewhat different to his previous thriller titles.

The story is about a 12-year-old English boy called David, living in London during the Second World War.

David finds solace in reading, especially so during his mother's illness and after her death. It is as if the books begin to speak to him and he soon becomes enmeshed in a world where reality and fantasy converge.

When David's father remarries and they move to his stepmother's estate after the birth of David's new brother, David descends even further into himself.

One night a German bomber crash-lands in the garden of the estate, and this is where David's journey into a strange new fairy tale world really begins.

This fantasy world is under the rule of a King who is slowly losing his power to an ever-increasing number of man-wolf hybrid creatures. Ironically, the only one who can help David return home, is this King through a secret tome called **The book of lost things**.

Readers will delight in finding that these wolf-hybrids are the result of Little Red Riding Hood's indiscretion with her wolf lover.

The one element that saves Connolly's novel from becoming another **Shrek** is the unmistakably dark, menacing atmosphere that at times is positively scary. The short interludes of tales of this strange land are both magical and thoroughly exciting. In fact, these revisionist 'fairytales' are so compelling that one returns to them as independent stories, just as readers have done with traditional fairytales for centuries.

Author Connolly has cleverly adapted popular fairytales for his own purposes into an absolutely entertaining and engrossing original work.

EB

GEORGE, Margaret

Helen of Troy.- Macmillan, 2006.

The story of legendary Helen of Troy has captivated generations and this epic novel will ensure additional adulation.

The story opens in ancient Sparta when Helen is

a young, impressionable girl living a very protected existence in her parents' palace in Sparta.

Helen tells her story and the reader soon becomes entranced by her charm and humanity. The author cleverly combines history and legend with her own imagination to produce a fascinating portrait. Her graceful use of language and the intense action make this compelling reading.

Once again, George's years of research has resulted in an extremely detailed historical novel that grips the reader from the start.

Historical/fantasy fiction readers, who want to totally lose themselves in a gripping story, will not be disappointed in this capable recreation of an interesting time and place.

EB

HARRIS, Robert

Imperium.- Hutchinson, 2006.

In his latest opus the author of the bestselling novel **Pompeii** once again returns to ancient Rome. This time the story centres on the rise to power of Marcus Cicero, famous Roman statesman and orator, as narrated through a household slave named Tiro.

Tiro served as Cicero's secretary for a period of thirty-six years and tells of Cicero's rise to power from the provinces to his election to consulship, Rome's highest office, in 64 BC.

This book is the highly anticipated follow-up of **Pompeii** and received five-star reviews from all the major British national newspapers.

As the author concludes the book at the moment of Cicero's greatest triumph, the reader is left with the feeling that a sequel may be in the making.

Readers will enjoy a fascinating glimpse into the politics, the lives and times of the rich and famous elite of the Roman world during the times of Julius Caesar.

One of the better examples of the historical genre novels seen in a long time and readers are unlikely to be disappointed.

EB

HERBERT, James

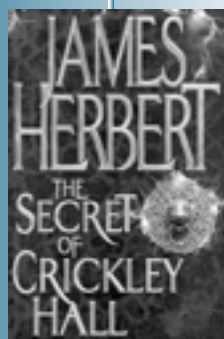
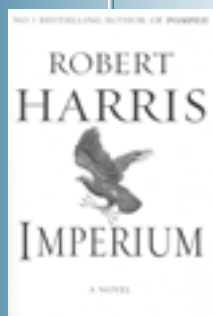
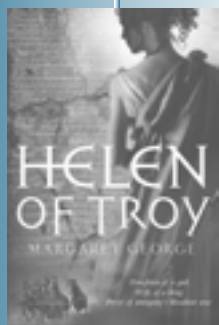
The secret of Crickley Hall.- Macmillan, 2006.

Latest title by the best-selling British author of horror/supernatural novels where the author delivers one of the most disturbing and horrific 'haunted house' stories in a new and original take on the classic ghost story.

After the disappearance of their youngest son, the Calleigh family, temporarily, relocate to a dismal manor house known as Crickley Hall, situated above the harbour village of Hollow Bay in North Devon. Far from their London home, the Calleigh's hope that distance will prove to be a reprieve from their heartache.

Unbeknown to the Calleigh family, Crickley Hall

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holds some dark secrets of its own. It was used during the Second World War to house nine evacuated London orphan children under the supervision of the ominous Mr Augustus Cribben and his sister Magda.

There a mysterious tragedy occurred during the great flood of 1943 resulting in the deaths of seven of the children and Augustus Cribben. Two children went missing and Magda Cribben entered a mental asylum, never to utter another word.

The Calleigh family soon become aware of strange happenings in the house, first ignoring it and then trying to deal with it. All this will in the end help the family come to terms with their recent loss (but that is at the end of the novel).

What really happened all those years back in 1943 is the key to the disturbances the family experience.

In a gripping and extremely frightening narrative, the author tends to play on the reader's deepest and darkest fears.

EB

KENNEDY, Douglas

Temptation.- Hutchinson, 2006.

In most of Douglas Kennedy's books the protagonist is a man (or woman) of character - with one fatal flaw. The plot revolves around the domino effect of confusion and chaos set in motion through a moment of weakness.

The plot of his latest book, **Temptation**, is no different. David Armitage is a struggling Hollywood screenwriter whose marriage is foundering. When one of his scripts is accepted David becomes an overnight success with all the material trappings that go with being the creator of a popular television show. **Temptation** comes his way and David makes a choice which leads to one disaster after another. With his career and personal life in ruin you would be justified in thinking he has nothing left to lose. Not so, he is even forced to return his Emmy Award.

As in all Kennedy's books, things do come right in the end, leaving the reader relieved and the protagonist a wiser man. I love Douglas Kennedy's books. His previous novel, **State of the union** was unputdownable from page one. **Temptation** took a bit longer to grip me, and I was put off by all the four letter words, but once I was hooked I read it in one sitting. He is a popular author and the Library Service has most of his novels in stock.

PD

LENNON, Patrick

Corn dolls.- Hodder, 2006.

The main setting is in and around a remote village in the Cambridgeshire fens. A young man dies gruesomely in a shredding machine in an agricultural equipment showroom. Detective Inspector Tom Fletcher and Detective Sergeant Sal Moresby

must investigate. A complex, chilling tale unfolds. It involves village history and rituals, old crimes, even more ancient rivalries and hostilities, and a Russian bent on avenging the death of his father many years before. It makes a gripping and original crime thriller.

MJI

PARK, Tony

African sky.- Macmillan, 2006.

Set in 1943 in what was then Rhodesia. A member of the Women's Auxiliary Air Force (WAAF) from an air force base is murdered. There are two crashes of air force planes on training flights, and in one case the pilot is killed by San hunters across the Bechuanaland border. And behind it all are a Nazi agent and his local accomplice with a sinister plan. Volunteer policewoman Pip Lovejoy and battle-scarred Australian Squadron Leader Paul Bryant find themselves caught up in a deadly game. The Australian author appears to know Africa well and also used it as the setting for his previous two novels. This is a pacy thriller with plenty twists and turns. It should be enjoyed.

MJI

QIU, Xiolong

Death of a Red heroine.- Sceptre, 2006.

The author is a Chinese poet and critic who now lives in the United States and teaches at Washington University. This title, originally published in America in 2000, won the Anthony Award for Best First Crime Novel and was short-listed for the Edgar Award for Best First Crime Novel. It is set in Shanghai in 1990. Policeman and poet Chen Cao is doing well to have become chief inspector and head of the special case squad, Homicide Division, in Shanghai and especially well to have been granted the luxury of his own small apartment. But the case of a woman found drowned in a canal outside Shanghai turns out to have the sort of political implications that may force Chen to choose between his professional integrity and his career. This is superior crime fiction with a complex and interesting protagonist and a wonderful evocation of the China of the period, from its politics to the details of everyday life.

MJI

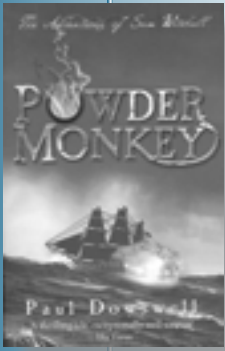
●●● YOUNG ADULT FICTION TIENERLEKTUUR

KULSEN, Anzil

Zita.- Lapa, 2006.

Debuutskrywer Anzil Kulsén, 'n Upingtoner; se jeugroman, wentel om die lewe van 'n tienermeisie, Zita. Zita is 'n basterkind, met 'n bruin ma en





Indiërpa. Sy woon op Kieriekroek, 'n agtergeblewe bruin gemeenskap saam met haar ma, tannie Rita, ouma Trooi, haar boetie en sussie en nefie Rupert. 'n Gebore uitbinker; verlaat Zita Kieriekroek vir 'n beter opvoeding. Die lewe by haar nuwe skool is egter nie maklik nie: Zita voel soos 'n vreemdeling tussen haar welaf blanke medeskoliers. Almal gis oor haar herkoms: want Zita lyk nes haar Indiërpa wat die pad gevat het. Die enigste persoon waarmee sy aanvanklik gemaklik voel, is Waldo: 'n blou-oog seun, wat later haar hart steel. En dis die einste Waldo wat haar bystaan in haar soeke na haar pa...

Die roman sentreer rondom Zita se soeke na identiteit, aanvaarding, rasseverhoudings, en jeugliefde. Ofskoon ernstige temas aangespreek word, is die verhaal nie swaar en neerdrakkend nie. Lesers sal glimlag vir die ligter oomblikke in die verhaal. Die verhaal is grootliks geskryf in die taal van Zita en haar mense. Regtig 'n vertelling wat die hartsnare sal roer.

EMW

●●● JUVENILE FICTION JEUGLEKTUUR

DOWSWELL, Paul

Powder monkey.- Bloomsbury, 2006.

First title in an exciting new trilogy *The adventures of Sam Witchall* that offers details of a sailor's life as seen through the eyes of a 13-year-old boy, set during the early years of the 19th century.

The story opens in 1800 Norfolk, England and Sam Witchall has managed to secure a post, via his unwilling father, on board a merchant ship. But soon Sam is pressed into service aboard the HMS Miranda as a powder monkey, a job that entails running gunpowder from below deck to his cannon crew.

Young readers will enjoy the vivid day-to-day activities of the young Sam who is an engaging narrator, especially after he is pressganged into the navy.

This novel is an excellent introduction for young readers to the likes of CS Forester's classic **Horatio Hornblower** and for those who enjoy the *Master and commander* series.

EB

NAUDÉ, Bettie

Saartjie.- Human, 2006.

Saartjie Baumann, die donkerkop rabbedoe is terug! Verblydende nuus, want nou kan die jongklomp van vandag ook kennis maak met hierdie rabbedoe wat heerlike leesvermaak aan die jeug van weleer verskaf het. Volgens Human en Rousseau gaan al die titels in die ou *Saartjie*-reeks geherpubliseer word. Een titel sal maandeliks

verskyn. Die teks is verwerk en aangepas om tred te hou met hedendaagse tieners se lewenstyl. Die reeks spog ook met prettige kleurryke voorblaaie wat hemelsbreed verskil van vorige uitgawes en dadelik aandag trek. Die eerste titels in die nuwe reeks sal eersdaags op biblioteekrakke verskyn.

EMW

RIDDELL, Chris

The Emperor of Absurdia.- Macmillan, 2006.

Latest junior picture book by the award-winning and acclaimed illustrator and author Chris Riddell. This, his latest solo outing is set in the familiar surroundings of a child's bedroom where a young boy experiences outlandish adventures as the Emperor of Absurdia, a world conceived by the unique imagination of the author:

Awaking from a dream, the boy is dressed by a wardrobe monster and then starts his adventures in search of a missing scarf. This is followed by a dragon hunt, and culminates when the boy eventually succumbs to sleep. Everyday objects branch off into the surreal to form the dreamlike land of Absurdia, ably portrayed by the author's extraordinarily detailed and imaginative illustrations.

This is a picture book that will enthrall, entertain and enrich young readers for a long time.

EB

SMITH, Topsy

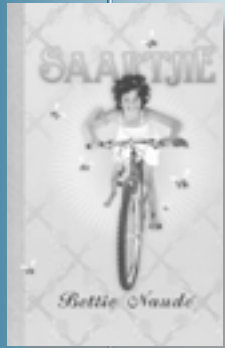
Trompie.- Human, 2006.

Nog 'n immergewilde reeks, die een met die sproetgesig Trompie, leier van die Boksembende, as held, is met 'n nuwe baadjie terug om nog 'n geslag seuns te vermaak. Volgens die uitgewer gaan al die titels, soos in die geval van die *Saartjie*-reeks, geherpubliseer word. Een titel in die *Trompie*-reeks sal maandeliks verskyn. Leestrae seuns sal beslis deur die byderwetse voorblaaie gelok word om meer oor die avonture van die onnutsige held en sy getroue kamerade Blikkies, Dawie en Rooie te lees.

EMW

Note: At the time of going to press, some of these titles were still on order.

EB	Erich Buchhaus
PD	Penny Dommissie (Goodwood Library)
SCG	Sabrina Gosling
MJI	Margaret Iskandar
EMW	Ethney Waters



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