

# National Days

## 2010



Compiled by Szerena Knapp

Although this issue will appear too late for readers to advertise related events in January and February, we publish the complete list as we have it for the sake of completeness. Every effort has been made to ensure that the correct information is published. Should there be any discrepancies please contact the compiler on (021) 483-2483.

## JANUARY

### SunSmart Awareness Month

Date: **1-31 January 2010**  
Presenter: Cancer Association of South Africa  
Theme: *Play safe*

### World Leprosy Day

Date: **31 January 2010**  
Presenter: Leprosy Mission Southern Africa

## FEBRUARY

### SunSmart Awareness Month

Date: **1-28 February 2010**  
Presenter: Cancer Association of South Africa  
Theme: *Play safe*

### Diarrhoeal Disease Focus Month

Date: **1-28 February 2010**  
Presenter: Provincial Government Western Cape (PGWC); Child health

### Sexually-transmitted Infections Month (STI)

Date: **1-28 February 2010**  
Presenter: Planned Parenthood Association of SA (PPASA)

### Wetlands Week

Date: **1-5 February 2010**  
Presenter: Department of Environmental Affairs and Tourism

### World Salt Awareness Week

Date: **1-8 February 2010**  
Presenter: Heart and Stroke Foundation SA

### World Wetlands Day

Date: **2 February 2010**  
Presenter: Department of Environmental Affairs and Tourism

### World Cancer Day

Date: **4 February 2010**  
Presenter: Cancer Association of South Africa

### Condom Week

Date: **8-14 February 2010**  
Presenter: Planned Parenthood Association of South Africa (PPASA)

### Pregnancy Education Week

Date: **13-21 February 2010**  
Presenter: Childbirth Educators Resource Group

### Dress Red Day

Date: **14 February 2010**  
Presenter: Heart and Stroke Foundation SA

### Teen Suicide Prevention Week

Date: **14-21 February 2010**  
Presenter: The SA Depression and Anxiety Group

### International Mother Language Day

Date: **21 February 2010**  
Presenter: United Nations Educational, Scientific and Cultural Organisation (UNESCO)

## MARCH

### Balanced Lifestyle

Date: **1-31 March 2010**  
Presenter: Cancer Association of South Africa  
Theme: *Knowledge is power*

### Intellectual Disability Awareness Month

Date: **1-31 March 2010**  
Presenter: Cape Mental Health Society

### International Women's Day

Date: **8 March 2010**  
Presenter: United Nations (UN)

### World Kidney Day

Date: **11 March 2010**  
Presenter: Kidney Foundation of South Africa

### World Glaucoma Day

Date: **12 March 2010**  
Presenter: SA National Council for the Blind

### National Consumer Rights' Day

Date: **15 March 2010**  
Presenter: Paraffin Safety Association of SA

### National Water Week

Date: **15-19 March 2010**  
Presenter: Department of Water Affairs and Forestry

### National Library Week

Date: **15-20 March 2009**  
Theme: *Read the game, score @ your library*  
Presenter: Western Cape Provincial Library Service

### World Head Injury Awareness Day

Date: **20 March 2010**  
Presenter: United Nations (UN)

### International Down's Syndrome Awareness Day

Date: **21 March 2010**  
Presenter: Down's Syndrome Association

### World Forestry Day

Date: **21 March 2010**  
Presenter: Department of Water Affairs and Forestry

### World Poetry Day (UNESCO)

Date: **21 March 2010**  
Presenter: United Nations Educational, Scientific and Cultural Organisation (UNESCO)

### World Water Day

Date: **22 March 2010**  
Presenter: Department of Water Affairs and Forestry

### World Meteorological Day

Date: **23 March 2010**  
Theme: *Weather, climate and the air we breathe*  
Presenter: South African Weather Service



## World Tuberculosis Day

Date: 24 March 2010

Presenters: Health Promotion Resource Centre

## World Rheumatoid Arthritis Day

Date: 26 March 2010

Presenter: Arthritis Foundation

## National Sanitation Week

Date: 26-31 March 2010

Presenter: Department of Water Affairs and Forestry

## APRIL

## Balanced Lifestyle

Date: 1-30 April 2010

Presenter: Cancer Association of South Africa

Theme: *Knowledge is power*

## Caesarean Awareness Month

Date: 1-30 April 2010

Presenter: International Caesarean Awareness Network

## Klein Karoo National Arts Festival

Date: 1-8 April 2010

Presenter: Department of Environmental Affairs and Tourism

## World Autism Awareness Day

Date: 2 April 2010

## National Polio Eradication Awareness Week

Date: 5-11 April 2010

Presenter: Department of Health: Social Mobilisation

## World Health Day

Date: 7 April 2010

Presenter: Department of Health

## World Parkinson's Day

Date: 11 April 2010

Presenter: European Parkinson's Disease Association

## World Haemophilia Day

Date: 17 April 2010

Presenter: Western Cape Haemophilia Foundation

## World Book Day

Date: 23 April 2010

Presenter: Centre for the Book

## Africa Malaria Day

Date: 25 April 2010

## World Day for Safety and Health at Work

Date: 28 April 2010

Presenters: Provincial Government Western Cape: Occupational Health / Occupational and Environmental Health Research Unit (MRC)

## MAY

## Balanced Lifestyle Month (focussing on nutrition, exercise and anti-tobacco)

Date: 1-31 May 2010

Presenter: Cancer Association of South Africa

## Balanced Lifestyle

Date: 1-31 May 2010

Presenter: Cancer Association of South Africa

Theme: *Knowledge is power*

## Cystic Fibrosis Awareness Month

Date: 1-31 May 2010

Presenter: Cystic Fibrosis Association

## Hepatitis Awareness Month

Date: 1-31 May 2010

Presenter: Hepatitis Foundation International

## Hospice Week

Date: 2-8 May 2010

Presenter: Hospice Palliative Association

## World Press Freedom Day

Date: 3 May 2010

## International Firefighters' Day

Date: 4 May 2010

## World Asthma Day

Date: 4 May 2010

Presenter: Asthma Association

## International No-Diet Day

Date: 6 May 2010

Presenter: Provincial Administration Western Cape: Dietician

## World Red Cross Day

Date: 8 May 2010

Presenter: American Red Cross

## International Nurses' Day

Date: 12 May 2010

Presenter: Provincial Government Western Cape: Information Management

## International Day of Families

Date: 15 May 2010

Presenter: Family and Marriage Society of South Africa (FAMSA) Western Cape

## International AIDS Candlelight Memorial Day

Date: 16 May 2010

Presenter: Provincial Government Western Cape: Health Promotion and Marketing

## World Telecommunication Day

Date: 17 May 2010

Presenter: TELKOM

## National Archives Week

Date: 17-21 May 2010

## International Museum Day

Date: 18 May 2010

Presenters: Iziko: Museums of Cape Town Centre for Conservation Education

## Africa Day

Date: 25 May 2010

Presenters: Iziko: Museums of Cape Town Centre for Conservation Education

## International Day of Action for Women's Health

Date: 29 May 2010

Presenter: Gender Advocacy Programme



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### World No-Tobacco Day

Date: 31 May 2010

Presenter: Cancer Association of South Africa

## JUNE

### National Blood Donor Month

Date: 1-30 June 2010

### Child Protection Month

Date: 1-30 June 2010

Presenter: Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)

### International Children's Day

Date: 1 June 2010

Presenter: Department of Social Development

### National Paraffin Safety Day

Date: 1 June 2010

Presenter: Paraffin Safety Association of South Africa

### International Cancer Survivors' Day

Date: 1 June 2010

Presenter: Cancer Association of South Africa

### World Environment Day

Date: 5 June 2010

Presenter: Department of Environmental Affairs and Tourism

### World Ocean Day

Date: 8 June 2010

Presenter: Department of Environmental Affairs and Tourism

### Alcoholics Anonymous Founders' Day

Date: 11 June 2010

Presenter: Alcoholics Anonymous

### World Blood Donor Day

Date: 14 June 2010

Presenter: Western Province Blood Transfusion Service

### World Elder Abuse Awareness Day

Date: 15 June 2010

Presenter: Age-in-Action

### National Youth Day

Date: 16 June 2010

Presenters: Planned Parenthood Association of South Africa, Western Cape Education Department, RAPCAN

### International Day to Combat Desertification

Date: 17 June 2010

Presenter: Department of Environmental Affairs and Tourism

### World Refugees' Day

Date: 20 June 2010

Presenter: United Nations High Commissioner for Refugees

### Get Tested Day

Date: 21 June 2010

Presenter: Heart and Stroke Foundation SA

### National Epilepsy Week

Date: 21-27 June 2010

Presenter: South African National Epilepsy League (SANEL)

### SANCA Drug Awareness Week

Date: 21-27 June 2010

Presenters: Cape Town Drug Counselling Centre, South African National Council on Alcoholism and Drug Dependence

### International Day Against Drug Abuse and Trafficking

Date: 26 June 2010

Presenters: Cape Town Drug Counselling Centre, South African National Council on Alcoholism and Drug Dependence

## JULY

### Children / TLC (Tender Loving Care)

Date: 1-31 July 2010

Presenter: Cancer Association of South Africa

### Psychiatric Disability Awareness Month (Mental illness)

Date: 1-31 July 2010

Presenter: Cape Mental Health Society

### Corporate Wellness Week

Date: 5-9 July 2010

Presenter: Heart and Stroke Foundation SA

### World Population Day

Date: 11 July 2010

Presenter: Planned Parenthood Association of South Africa

### National Schizophrenia Day

Date: 23 July 2010

Presenter: Cape Mental Health Society

### Sterilisation Week

Date: 26-30 July 2010

Presenter: Association for Voluntary Sterilisation of South Africa

### Osteoarthritis Day

Date: 27 July 2010

Presenter: Arthritis Foundation

## AUGUST

### Organ Donor Month

Date: 1-31 August 2010

Presenter: Organ Donor Foundation of South Africa

### Child Safety / Injury Prevention Month

Date: 1-31 August 2010

Presenter: Provincial Government Western Cape (PGWC): Health Promotion and Marketing

### World Breastfeeding Week

Date: 1-7 August 2010

Presenter: Provincial Government Western Cape: Maternal and Neonatal Services

### Cancer Prevention Week

Date: 2-6 August 2010

Presenter: Cancer Association of South Africa

### National Immunisation Awareness Week

Date: 2-8 August 2010

Presenter: Department of Health: Social Mobilisation

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# 2010



## Rheumatic Fever Week

Date: 3-7 August 2010

Presenter: Heart and Stroke Foundation SA

## National Women's Day

Date: 9 August 2010

Presenter: Family and Marriage Society of South Africa (FAMSA) Western Cape

## SA Rural Women's Day

Date: 12 August 2010

Presenter: Gender Advocacy Programme

## Fibromyalgia Day

Date: 20 August 2010

Presenter: The Arthritis Foundation of SA

## Cerebral Palsy Awareness Week

Date: 23-27 August 2010

Presenter: Western Cape Cerebral Palsy Association

## Arbor Week

Date: 30 August-3 September 2010

Presenter: Department of Water Affairs and Forestry

## SEPTEMBER

## National Heart Awareness Month

Date: 1-30 September 2010

Presenter: Heart and Stroke Foundation SA

## Oral Health Month

Date: 1-31 September 2010

Presenter: Provincial Government Western Cape (PGWC): Oral Health

## Casual Day

Date: 3 September 2010

Presenter: Association for the Physically Disabled (Western Cape)

## Physiotherapy Back Week

Date: 6-10 September 2010

Presenter: South African Society of Physiotherapy

## Kidney Awareness Week

Date: 6-11 September 2010

Presenter: Kidney Foundation of South Africa

## Pharmacy Week

Date: 6-13 September 2010

Presenter: Department of Health: Pharmacist

## International Literacy Day

Date: 8 September 2010

Presenter: Centre for the Book

## International Foetal Alcohol Syndrome Day (FAS)

Date: 9 September 2010

Presenter: South African National Council on Alcoholism and Drug Dependence (SANCA Western Cape)

## World Suicide Prevention Day

Date: 10 September 2010

Presenter: International Association of Suicide Prevention: Central Administrative Office

## Leprosy Sunday

Date: 12 September 2010

Presenter: Leprosy Mission Southern Africa

## Stroke Awareness Week

Date: 13-17 September 2010

Presenter: Stroke Foundation

## International Day for the Preservation of the Ozone Layer

Date: 16 September 2010

Presenter: Department of Environmental Affairs and Tourism

## Retina Week

Date: 20-26 September 2010

Presenter: South African National Council for the Blind

## World Alzheimer's Day

Date: 21 September 2010

Presenter: Alzheimer's and Related Dementias Association: Western Cape (ARDA)

## Heritage Week

Date: 21-27 September 2010

Presenter: Iziko: Museums of Cape Town

## World Retina Day

Date: 26 September 2010

Presenter: South African National Council for the Blind

## World Heart Day

Date: 27 September 2010

Presenter: Heart and Stroke Foundation SA

## World Tourism Day

Date: 27 September 2010

Presenter: Department of Environmental Affairs and Tourism

## Week of Older Persons

Date: 27 September- 3 October 2010

Presenter: Age-in-Action

## OCTOBER

## Mental Health Awareness Month

Date: 1-31 October 2010

Presenter: Cape Mental Health Society

## Women's Health

Date: 1-31 October 2010

Presenter: Cancer Association of South Africa

## Eye Care Awareness Month

Date: 1-31 October 2010

Presenter: South African National Council for the Blind

## International Day of Older Persons

Date: 1 October 2010

Presenters: South African Council for the Aged, Age-in-Action

## Grandparents' Day

Date: 3 October 2010

Presenter: Age-in-Action

## World Animal Day

Date: 4 October 2010

## World Habitat Day

Date: 4 October 2010

## International Animal Week

Date: 4-10 October 2010

Presenter: Cape of Good Hope SPCA

## National Nutrition Week

Date: 9-15 October 2010

Presenter: Department of Health: Nutrition

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### World Mental Health Day

Date: **10 October 2010**

Presenter: Cape Mental Health Society

### Obesity Week

Date: **11-15 October 2010**

Presenter: Heart and Stroke Foundation SA

### World Arthritis Day

Date: **12 October 2010**

Presenter: Arthritis Foundation

### World Sight Day

Date: **14 October 2010**

Presenter: SA National Council for the Blind

### Global Handwashing Day

Date: **15 October 2010**

Presenter: Department of Water Affairs

### White Cane Safety Day

Date: **15 October 2010**

Presenter: SA National Council for the Blind

### World Food Day

Date: **16 October 2010**

Presenter: Department of Health: Nutrition

### International Day for the Eradication of Poverty

Date: **17 October 2010**

### National Marine Week

Date: **18-21 October 2010**

Presenter: Centre for Conservation Education

### National Down's Syndrome Awareness Day

Date: **20 October 2010**

Presenter: Down's Syndrome Association

### World Osteoporosis Day

Date: **20 October 2010**

### World Polio Day

Date: **24 October 2010**

### World Stroke Day

Date: **29 October 2010**

Presenter: Heart and Stroke Foundation SA

## NOVEMBER

### SunSmart Awareness Month

Date: **1 November-31 December 2010**

Presenter: Cancer Association of South Africa

### National Children's Day

Date: **6 November 2010**

### CPR Awareness Week

Date: **8-12 November 2010**

Presenter: Heart and Stroke Foundation SA

### National Diabetes Awareness Week

Date: **8-14 November 2010**

Presenter: South African Diabetes Association

### Malaria Day

Date: **13 November 2010**

### World Diabetes Day

Date: **14 November 2010**

Presenter: South African Diabetes Association

### International Day for the Prevention of Violence Against Women

Date: **25 November 2010**

Presenters: Western Cape Network on Violence against Women, New Women's Movement

### 16 Days of Activism Against Domestic Violence

Date: **25 November-10 December 2010**

Presenters: Western Cape Network on Violence against Women, New Women's Movement

## DECEMBER

### World AIDS Day

Date: **1 December 2010**

Presenter: Planned Parenthood Association of South Africa

### International Day for Persons with Disabilities

Date: **3 December 2010**

Presenters: Association for the Physically Disabled (Western Cape), SA National Council for the Blind

### International Volunteer Day

Date: **5 December 2010**

Presenter: Volunteer Centre

### International Human Rights' Day

Date: **10 December 2010**

## CONTACT DETAILS

### Age-in-action

Tel: (021) 426-4249

Fax: (021) 426-4290

Cell: 082 805 9572

E-mail: [saca@age-in-action.co.za](mailto:saca@age-in-action.co.za)

### Alcoholics Anonymous

Tel: (011) 869-9077 / (021) 510-2288

Fax: (021) 510-2288

Web site: [cape.org.za](http://cape.org.za)

### Alzheimer's and Related Dementias Association: Western Cape (ARDA)

Contact person: Henriette Arendse  
Tel: (011) 478-2234

Contact person: Karen Borochowitz  
Tel: (044) 533-3154 / Cape Town Branch no. (044) 352-9487

E-mail: [<alzheimerssa@icon.co.za>](mailto:<alzheimerssa@icon.co.za>)

Web site: [alzheimers.org.za](http://alzheimers.org.za)

### Arthritis Foundation

Contact person: Pat Jones

Tel: (021) 425-4738/425-2344

Fax: (021) 421-7330

E-mail: [<arthcpt@mweb.co.za>](mailto:<arthcpt@mweb.co.za>)

Web site: [arthritis.org.za](http://arthritis.org.za)

### Association for the Physically Disabled (Western Cape)

Contact person: Ray Blecher

Tel: (021) 555-2881/2

Fax: (021) 555-2888

E-mail: [<apd-wc@mweb.co.za>](mailto:<apd-wc@mweb.co.za>) / [<director@apd\\_wc.org.za>](mailto:<director@apd_wc.org.za>)

### Association for Voluntary Sterilisation of South Africa

Tel: (021) 531-1665

Fax: (021) 531-1665

E-mail: [<avssa@polka.co.za>](mailto:<avssa@polka.co.za>)



## Asthma Association

Contact person: Paddy de Jager  
Tel: (011) 643-2755  
Fax: (011) 678-3069  
Web site: [asthma.co.za](http://asthma.co.za)

## Cancer Association of South Africa

Contact person: Alice Victor  
Tel: (021) 689-5347/81/82  
Fax: (021) 685-1937  
E-mail: <[avictor@cansa.org.za](mailto:avictor@cansa.org.za)>  
Web site: [cansa.org.za](http://cansa.org.za) / [cansa.co.za](http://cansa.co.za)

## Cape of Good Hope SPCA

Contact person: Parveen Said  
Tel: (021) 700-4140  
E-mail: <[publicrelations@spca-ct.co.za](mailto:publicrelations@spca-ct.co.za)>  
Web site: [spca-ct.co.za](http://spca-ct.co.za)

## Cape Mental Health Society

Contact person: Carmen Hanslo  
Tel: (021) 447-9040  
Fax: (021) 448-8475  
E-mail: <[info@cmhs.co.za](mailto:info@cmhs.co.za)>  
Web site: [capementalhealth.co.za](http://capementalhealth.co.za)

## Cape Town Drug Counselling Centre

Contact person: Cathy Karassellos  
Tel: (021) 447-8026/35/45  
Fax: (021) 447-8818  
E-mail: <[ctdcc@iafrica.com](mailto:ctdcc@iafrica.com)>  
Web site: [drugcentre.org.za](http://drugcentre.org.za)

## Centre for the Book

Contact person: Nelisa Lunika  
Tel: (021) 423-2669  
Fax: (021) 424-1484  
E-mail: <[nelisa.lunika@nlsa.ac.za](mailto:nelisa.lunika@nlsa.ac.za)>  
Web site: [centreforthebook.org.za](http://centreforthebook.org.za)

## Centre for Conservation Education

Tel: (021) 762-1622

## CMC Health Resource Centre

Tel: (021) 931-8140

## Cystic Fibrosis Association

Tel: (021) 557-0323 / (011) 294-3849

## Deaf Federation of South Africa (DEAFSA)

Contact person: Lenie Viljoen  
Tel: (021) 683-4665 / 683-4666  
Fax: (021) 671-2644  
TTY (telephone device for the deaf):  
(021) 683-0664  
E-mail: <[deafsa2@iafrica.com](mailto:deafsa2@iafrica.com)>  
Web site: [deafsa.co.za](http://deafsa.co.za)

## Department of Education

Contact person: Paddy Attwell  
Tel: (021) 467-2531/32  
Fax: (021) 467-2363  
E-Mail: <[pattwell@pgwc.gov.za](mailto:pattwell@pgwc.gov.za)>

## Department of Environmental Affairs

Contact person: Desetso Ramotso  
Tel: (012) 310-3822  
Fax: (012) 322-2682  
Cell: 082 219 5136

## Department of Health

Contact person: Faith Mkosi  
Tel: (021) 483-5682  
E-mail: <[Fmkosi@pgwc.gov.za](mailto:Fmkosi@pgwc.gov.za)>  
Web site: [doh.gov.za](http://doh.gov.za)

## Department of Health: Nutrition

Tel: (021) 918-1413 / 483-5663  
Fax: (021) 483-2682

## Department of Health: Pharmacist

Tel: (021) 918-1526

## Department of Health: Social Mobilisation

Tel: (012) 312-0099

## Department of Social Development

Contact person: Stefanus Scholtz  
Tel: (012) 312-7605

## Department of Social Services

Contact person: Derrick Schroeder  
Tel: (021) 483-4004

## Department of Water Affairs

Contact person: Michelle Parker  
Tel: (012) 336-8252 / (021) 950-7100  
E-mail: <[bdcc@dwaf.pww.gov.za](mailto:bdcc@dwaf.pww.gov.za)>

## Down's Syndrome Association

Tel: (021) 910-0753 / 919-2701

## European Parkinson's Disease Association (EPDA)

E-mail: <[lizzie@epda.eu.com](mailto:lizzie@epda.eu.com)>  
Web site: [epda.eu.com](http://epda.eu.com)

## Family and Marriage Society of South Africa (FAMSA) Western Cape

Contact person: Shaunette Toms  
Tel: (021) 461-7360  
Fax: (021) 461-9198  
E-mail: <[famsawc@new.co.za](mailto:famsawc@new.co.za)>  
Web site: [famsawc.org.za](http://famsawc.org.za)

## Gender Advocacy Programme

Contact person: Agnes Petersen  
Tel: (021) 465-0192/7  
Fax: (021) 465-0089  
Web site: [gender.co.za](http://gender.co.za)

## Health Promotion Resource Centre

Contact person: Agnes Petersen  
Tel: (021) 931-8140  
Fax: (021) 465-0089  
E-mail: <[health1@gender.org.za](mailto:health1@gender.org.za)>

## Heart and Stroke Foundation

Tel: (021) 447-4222  
Fax: (021) 447-0322  
Cell: 083 302 7311  
E-mail: <[murishca@heartfoundation.co.za](mailto:murishca@heartfoundation.co.za)>  
Web site: [heartfoundation.co.za](http://heartfoundation.co.za)

## Heart Foundation

Contact person: Michelle Kearney  
Tel: (021) 447-4222 / 086 022 3222  
Fax: (021) 447-0322  
E-mail: <[michelle@heartfoundation.co.za](mailto:michelle@heartfoundation.co.za)>  
Web site: [heartfoundation.co.za](http://heartfoundation.co.za)

## Hepatitis Foundation International

Web site: [www.hepfi.org](http://www.hepfi.org)

## Hospice Palliative Association

Tel: (021) 531-1706

## International Caesarean Awareness Network, Inc.

E-mail: <[info@ican-online.org](mailto:info@ican-online.org)>  
Web site: [www.ican-online.org](http://www.ican-online.org)

## International Association of Suicide Prevention: Central Administrative Office

E-mail: <[iasp1960@aol.com](mailto:iasp1960@aol.com)>  
Web site: [www.med.uio.no/iasp](http://www.med.uio.no/iasp)

## Iziko: Museums of Cape Town

Contact person: Hamish Robertson  
E-mail: <[hrobertson@iziko.org.za](mailto:hrobertson@iziko.org.za)>  
Tel: (021) 481-3849  
Fax: (021) 481-3993  
Web site: [iziko.org.za](http://iziko.org.za)

## Kidney Foundation of South Africa

Contact person: Fanie du Toit  
Tel: (011) 447-2531 / 086 671 7347  
Fax: (011) 447-2531  
E-mail: [nkfsa@mweb.co.za](mailto:nkfsa@mweb.co.za)  
Web site: [nkf.co.za](http://nkf.co.za)

## Mental Health Information Centre

Contact person: Zimbini Ogle  
Tel: (021) 938-9229  
Fax: (021) 931-4172  
Web site: [mentalhealthsa.co.za](http://mentalhealthsa.co.za)

## New Women's Movement

Tel: (021) 697-3337/8



# National Days

## 2010



### Occupational & Environmental Health Research Unit (MRC)

Tel: (021) 406-6719  
Fax: (021) 406-6163  
Web site: [uct.ac.za](http://uct.ac.za)

### Organ Donor Foundation of South Africa

Contact person: Phillipa Douglas  
Tel: 0800 22 66 11 (toll free) / (021) 426-0198  
Fax: (021) 426-1097  
Web site: [odf.org.za](http://odf.org.za)

### Paraffin Safety Association of SA

Contact person: Shahida Arnold  
Tel: (021) 671-5767  
Fax: (021) 671-0233  
E-mail: [shahida@parafinsafety.co.za](mailto:shahida@parafinsafety.co.za)  
Web site: [parafinsafety.org](http://parafinsafety.org)

### Planned Parenthood Association of South Africa

Tel: (021) 448-7312  
Fax: (021) 448-7320  
E-mail: [ppawc@ppawc.co.za](mailto:ppawc@ppawc.co.za)  
Web site: [ppasa.org.za](http://ppasa.org.za)

### Provincial Government Western Cape (PGWC): Child Health

Tel: (021) 483-4266

### Provincial Government Western Cape (PGWC): Dietician

Tel: (021) 918-1481

### Provincial Government Western Cape (PGWC): Health Promotion and Marketing

Tel: (021) 918-1247  
Fax: (021) 949-8153

### Provincial Government Western Cape (PGWC): Information Management

Contact person: Danver Roman  
Tel: (021) 918-1503  
E-mail: [Droman@pgwc.gov.za](mailto:Droman@pgwc.gov.za)

### Provincial Government Western Cape (PGWC): Maternal and Neonatal Services

Tel: (021) 918-1507

### Provincial Government Western Cape (PGWC): Occupational Health

Tel: (021) 483-3287

### Provincial Government Western Cape (PGWC): Oral Health

Tel: (021) 954-2237 / (021) 633-8606

### Resources Aimed at the Prevention of Child Abuse and Neglect (RAPCAN)

Contact person: Christina Nomdo  
Tel: (021) 712-2330  
Fax: (021) 712-2365  
Web site: [rapcan.org.za](http://rapcan.org.za)

### South African Society of Psychiatry

Tel: (011) 484-9330  
Fax: (011) 484-9332  
Web site: [sasop.co.za](http://sasop.co.za)

### South African National Blood Service (SANBS)

Tel: (011) 761-9000  
E-mail: [donor@inl.sanbs.org.za](mailto:donor@inl.sanbs.org.za)  
Web site: [sanbs.org.za](http://sanbs.org.za)

### South African Dental Association

Contact person: Dr Roux Vermeulen  
Tel: (022) 482-1228  
Fax: (022) 482-2339  
E-mail: [info@sada.co.za](mailto:info@sada.co.za)  
Web site: [sadanet.co.za](http://sadanet.co.za)

### South African Diabetes Association

Contact person: Margo McCumisky  
Tel: (021) 425-4440  
Fax: (021) 425-7940  
E-mail: [capewc@diabetessa.co.za](mailto:capewc@diabetessa.co.za)  
Web site: [diabetessa.co.za](http://diabetessa.co.za)

### South African National Council for the Blind

Tel: (012) 452-3811  
Fax: (012) 346-4699  
E-mail: [admin@sancb.org.za](mailto:admin@sancb.org.za)

### South African National Council on Alcoholism and Drug Dependence (SANCA Western Cape)

Contact person: Ruth Fortuin  
Tel: (021) 945-4080/1  
Fax: (021) 945-4082  
E-mail: [sancawc@mweb.co.za](mailto:sancawc@mweb.co.za)

### South African National Epilepsy League (SANEL)

Contact person: Driki Snyman  
Tel: (021) 447-3014  
Fax: (021) 448-5053  
Web site: [epilepsy.org.za](http://epilepsy.org.za)

### South African Psoriasis Association

Contact person: Catherine Alexander  
Tel: (021) 981-1650 / (021) 551-4114 (ah)  
Fax: (021) 981-1650

### South African Society of Physiotherapy

Contact person: Daphne Beukes  
Tel: (011) 561-3290  
Cell: 083 250 6224  
E-mail: [besem@iafrica.com](mailto:besem@iafrica.com)  
Web site: [physiosa.org.za](http://physiosa.org.za)  
Tel: (021) 975-2634  
Fax: (021) 976-1740

### TELKOM

Contact person: Hannelie van Tonder  
Tel: (021) 311-3740  
E-mail: [vtondeh@telkom.co.za](mailto:vtondeh@telkom.co.za)

### Volunteer Centre

Contact person: Deline van Boom  
Tel: (021) 674-5367  
Fax: (021) 418-3707  
E-mail: [volcent@iafrica.com](mailto:volcent@iafrica.com)  
Web site: [volcent.co.za](http://volcent.co.za)

### Western Cape Archives and Records Services

Tel: (021) 466-8122

### Western Cape Cerebral Palsy Association

Contact person: Hillary Lane  
Tel: (021) 685-4150  
Fax: (021) 686-8544  
E-mail: [ceo@wccpa.org.za](mailto:ceo@wccpa.org.za)

### Western Cape Education Department

Web site: [wced.wcape.gov.za](http://wced.wcape.gov.za)

### Western Cape Haemophilia Foundation

Contact person: Mrs J Butler  
Tel: (021) 654-6468

### Western Cape Network on Violence against Women

Contact person: Synnovo / Shahiema  
Tel: (021) 633-5287  
Fax: (021) 637-3487  
Web site: [saartjiebaartmancentre.org.za](http://saartjiebaartmancentre.org.za)

### Western Cape Provincial Library Service

Contact person: Szerena Knapp  
Tel: (021) 483-2483  
Fax: (021) 419-7541  
E-mail: [capelib@pgwc.gov.za](mailto:capelib@pgwc.gov.za)  
Web site: [capegateway.gov.za/library](http://capegateway.gov.za/library)

### Western Province Blood Transfusion Service

Contact person: Marika Champion  
Tel: (021) 507-6365 / (021) 975-6228 (ah)  
E-mail: [marika@wpbts.org.za](mailto:marika@wpbts.org.za)