

Facilities Available

Cafeteria:

Situated on B floor between the main hospital and outpatients department. A snack shop is situated on the ground floor in outpatients opposite occupational therapy. A few shops, ATM and laundrette are situated across Klipfontein Road.

Parking:

The Parking is run by an outside company. They will charge you a rate for parking. All covered/ shaded parking bays are for permit holders only. If you park here without a permit your wheel may be clamped.

Additional family support:

A Muslim Prayer Room and Prayer Sanctuary are situated on the ground floor.

2nd-Hand shop:

The Friends of the Hospital have a second hand clothing shop.

Open: 8:30 to 13:00

Where: ground floor, OPD next to snack shop.

Card/ payphones are situated around the hospital.

Play area:

Situated outside the trauma entrance and outside between outpatients and the main hospital. Please supervise your child here.

Interpreters are available. If one is needed, please inform the nursing staff at the clinic you are going to attend.

Friends of Red Cross Hospital

Friends are a group of volunteers who support the hospital in different ways. You may meet some of these volunteers when they bring toys to the waiting area. Usually they wear a colourful apron, this will help you recognise them. Friends also run a Family Resource Centre where you may be able to find out more information about your child's condition. Ask the staff to direct you there.

Clinic Times:

By appointment only

Emergencies will be assessed by the Clinical Nurse.

Mon/ Tues/ Thurs & Friday (8am-1pm)

© Children's artwork courtesy of Red Cross War Memorial Children's Hospital school.

Contacts:

Clinical Nurse: Yolande Jacobs

Staff Nurse: Fouzia Brown

Receptionist: Greta Langley

Appointments: 021 658 5026

Nursing staff: 021 658 5540



Welcome to Red Cross War Memorial Children's Hospital

Eye Clinic

S21, first floor
Out Patient Building



*This pamphlet will prepare you for your child's visit to the Eye clinic. It serves as a guide giving you all sorts of helpful information.
Of course... we're also here to help so feel free to ask!*

*A hospital visit can be stressful.
We'd like to make sure your child gets
the best possible care and your visit
is as smooth as possible.*

A B C...

when visiting the eye clinic:

Appointments: if you can't make it let us know in good time. Children are seen by appointment only.

Appointments: we do our best to stick to appointment schedules, however sometimes you may have to wait longer than usual. Please be patient with us.

Accompanying a child: a parent, family member or person who knows the child needs to be with the child for the appointment.

Bring all medication with to the visit.

Bring: referral letter, child's birth certificate, clinic card, parent's Identity document, proof of income/ Medical Aid card, contact details of parents.

Collect your child's folder from S1 at the entrance to outpatients before visiting the clinic. This is a good time to check with the clerk that your details are correct.

Collect medication prescribed at the Community Health Centre (or Red Cross only if arranged) before the medication you have runs out.

Discuss with the doctor BEFORE stopping any medication.

Ensure all personal and contact details are correct at each visit.

Fair Payment: to make sure you don't pay more than you should bring some proof such as payslip, UIF, All Pay card, Affidavit if unemployed.

Going on Holiday? Remember to collect extra medication.

Having difficulty obtaining medication at the Community Health Centre? Inform our pharmacy.

Inform all clinics if your child has an appointment at more than one clinic on the same day.

Spectacles: If collecting spectacles please bring your child with so that we can check the fit.



Eye Drops

Your child may be given eye drops before seeing the doctor. These drops make it easier for the doctor to see inside the eye (they dilate the pupil).

It will take a few hours before the effect of the drops goes away. Your child should not look into bright light and they might find it a bit difficult to focus on things. These drops may burn a bit for the first few minutes so be patient with your child.



Children who need eye surgery:

If your child needs surgery we will explain before the time what you need to know.

Children who have surgery must not be given food before the time. You will be told how many hours to keep your child nil by mouth. This is very important so please tell us if your child has eaten.

If your child is unwell when due for an operation, please phone us at the Eye Clinic well before the time.

Taking an active part in your child's care will ensure the best care. Kindly don't leave any valuables with your child.