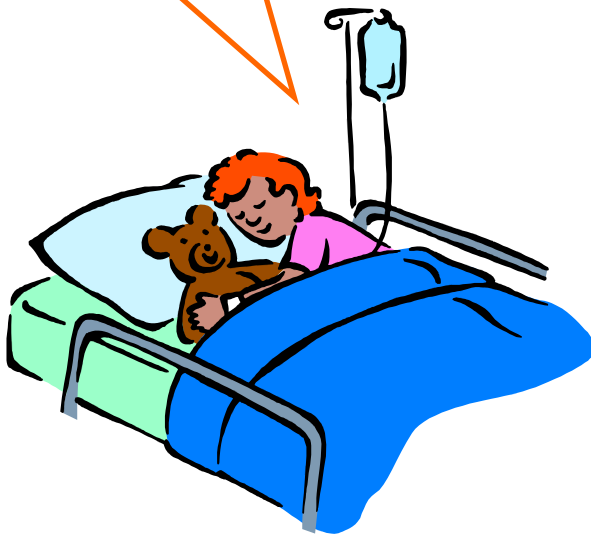


In the theatre room there are many different machines.

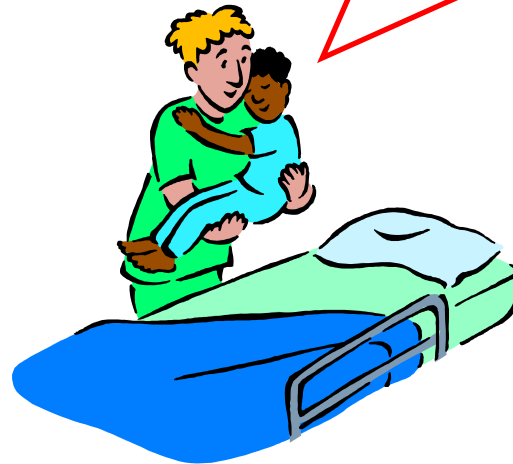
The nurses will put little stickers on your chest so that we can see how your heart is beating.

An armband will be placed on your arm so that we can check your blood pressure. We'll also put a small little light on your toe or finger to make sure you are getting enough oxygen.

The 'Sleep doctor' (Anaesthetist) will hold a mask over your nose and mouth and tell you to breath deeply. This will slowly make you go to sleep.



As soon as the operation is over you will wake up in a different room called 'Recovery'. You may have a plaster on your operation site. When you are completely awake the porter and ward nurse will take you back to your bed in the ward.



In the ward, the nurses will check your pulse, blood pressure and a few other things every 30 minutes for the first few hours. If you feel sore please tell a nurse so she can give you medicine to make you feel better. Your parents/carers will usually be with you now.



Welcome to
**Red Cross War Memorial
Children's Hospital**

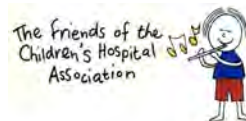
My journey through Theatre...



We want to make sure you get the best possible care...

This pamphlet will help you understand what happens in theatre.

Of course if you have more questions please ask us!



On the day of your operation, the porter will come and fetch you in the ward and take you to theatre with one of the ward nurses. No need to be scared, your parent or caregiver may come with you. When you get to theatre the ward nurse will hand you over to the theatre nurse.



The theatre nurse will check your name band and make sure the 'consent form' is filled in correctly and signed. We will also make sure you have not had anything to drink or eat for at least 6 hours before the operation. Lastly we'll check if you have any allergies that we need to know about.



We will give your parent or caregiver a blue theatre cap, gown and funny shoes to wear and then they will be ready to come into theatre with you. They may then stay with you until you fall asleep.

The sleep doctor (anaesthetist) will meet you and your parent at the holding area to the theatre. This doctor help you go to sleep before the operation. You will see many other doctors and nurses in the theatre area. They will look after you as best they can.



Parents or guardians, it would be very helpful if you could read and explain this pamphlet to your child before their operation. This will help you all feel at ease about what will happen in theatre...

Parents or guardians, it's very important for your child's safety during the surgery that they have not eaten or had anything to drink before the time. If you have any questions about this or are worried in any way please talk to us before the operation.

Parents or guardians: Please feel free to talk to us about any concerns or questions you may have...

