# and feel like you don't have anyone to talk to?

Are you frightened and unsure about the choices available to you?

The Western Cape Department of Social Development wants you to know that even though it is normal to be frightened, there are many options available to you.

We can help you make the right decisions so that dumping your baby never becomes an option.

To find out more about the support you can get, you can:

- 1. Call our TOLL FREE number 0800 220 250;
- 2. Login to Mxit, then 'mxit cares', and then the 'Angel Network', where you will be referred to the right people,

or

3. Phone one of our local offices.

# LIST OF REGIONAL OFFICES

### **WEST COAST**

Cnr Waterkant & Tuin Street Vredendal Tel: (027) 213-2096

# CAPE WINELANDS OVERBERG

Leaders/PAWC Building, Fairburn Street 42 Main Road Worcester Tel: (023) 347-5181

## **EDEN KAROO**

Rentzburg Court, 42 Courtney Street George Tel: (044) 801-4300

### METRO NORTH

Goldburn Centre, Goldburn Street Goodwood Tel: (021) 591-7993

# **METRO EAST**

**Eerste River** Tel: (021) 904-1021

# METRO SOUTH

Melofin Centre, Klipfontein Road Athlone

Tel: (021) 696-8038/9

