

Teach yourself a new skill

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The saying goes that 'you can't teach an old dog new tricks'. In this article I want to prove this wrong. It is winter in South Africa, the perfect time of year to try your hand at a new skill. So for all the lazy couch librarians (potatoes) I've selected a few new DVDs about starting something new, or trying a new skill. I believe that you are never too old to learn. The following DVDs are all available in a series called *The South African issue*. These DVDs are currently being processed.

3D decoupage

Carla and Praksha are the presenters who will teach you the basics in no time. You are shown how to make a 3D box and a frame, using decoupage paper, shells and plain cardboard. An easy to understand-and-follow demonstration and step-by-step guide are shown. Recommended to all people interested in the creative arts.

Art of wine tasting = Wynproe

A 45-minute South African instructional DVD on wine tasting in Afrikaans and English. You will be

introduced to different wines, shown how to drink champagne and various other wines. Tips and hints on wines and the tasting thereof are provided. Aimed at anyone interested in wines and wine tasting.

Beading

Two experts, Carla and Praksha, present this step-by-step instructional DVD. Have fun creating your own earrings, necklaces and watches in exciting colours and styles. You are shown what equipment and materials are needed and you will learn the best way to tackle a project, without the trial and error factor. Five different teaspoon designs that can be used on any cutlery or metal objects are also discussed.

Cubana cocktails and shooters. Part 1 and 2

A two-part documentary with approximately 45 recipes that will show you how to make your own cocktails and shooters. Step-by-step demonstrations on how to make tropics, coolers, mixed cocktails, creams and slow sippers, et cetera.

How to brew your own beer

The viewer is introduced to the art of beer making. Techniques are demonstrated on the process of brewing your own home-made beer which include the grinding, brewing, filtering, cooling and bottling of beer. Informative and very educational.

Let's do scrap-booking

Have fun and be creative with Carla Gerber who will teach you, in an informal way, how to apply your skills in scrapbooking. Explore the creative techniques and you will be able to capture everlasting memories for yourself and for generations to come.



SA bass fly fishing

A South African teach-yourself DVD about bass fly fishing, focusing on the techniques and equipment needed for this activity. This documentary also demonstrates how to remove a fish-hook from the mouth of a fish and touches on aspects such as bass flies, fishing rods and everything that is needed to become a successful bass fly fisherman.

SA carp fly fishing

A South African teach-yourself DVD demonstrating the equipment needed for the carp fly fisherman, such as the different fishing rods to be used as well as the procedure. Experienced fly fisherman André Cloete takes the viewer through the whole process of fly fishing. For people that have an interest in fishing, especially fly fishing.

Speak Zulu today

Marika Marais, a top Zulu instructor, presents this educational language course in 12 lessons which include a good vocabulary, and how to construct sentences with the correct tenses. Easy to understand and simplified, you will be able to speak Zulu in no time.

Teach yourself flat decoupage

An instructional DVD presented by two specialists in the creative arts, Carla and Praksha. You are shown how to decoupage a wooden dustbin and glass tray with step-by-step instructions on how to choose your paper, preparing, cutting and the gluing of artifacts. The skills acquired will enable you to handle the techniques and basics of decoupage. For the beginner and everyone interested in the creative arts.



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