



Western Cape
Government

Health

BETTER TOGETHER.



Red Cross War Memorial Children's Hospital Outpatients Department Booklet

2014

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SPECIALIST OPINION AT A BOOKED OUTPATIENT CLINIC - NON-URGENT

General paediatrics (MOPD):
Monday to Friday:
Tel: 021 658 5002

General Paediatric Consultant:
Daily: 09:00 - 12:00
Tel: 021 658 5362

HIV/TB ADVICE:
Infectious Diseases Senior Registrar
Tel: 021 658 5111

GENERAL SURGICAL:
Non-urgent cases call SOPD
Tel: 021 658 5400 for a booking

SUBSPECIALTY CLINICS:
Ask for the appropriate subspecialty registrar to discuss the case call 021 658 5111, also refer to the Red Cross War Memorial Children's Hospital Outpatient information booklet available on the Red Cross War Memorial Children's Hospital website.

Website:
www.westerncape.gov.za/eng/your_gov/5981

TELEPHONIC OPINION

If uncertain about management, a doctor is available to advise and assist in decision making on management, urgency of referral and most appropriate site of referral.

Please note: diagnoses cannot be made by telephone.

WORKING HOURS

Contact the Paediatric Medical Officer at 021 658 5252/5084

AFTER HOURS

Weekdays: 17:00 - 23:00
Contact the Paediatric Senior Registrar at 021 658 5075/5428

Weekends: 8:00 - 23:00
Contact the Paediatric Senior Registrar at 021 658 5075/5428

EMERGENCIES

See the Metro Paediatric Emergency Transfers Callout Pathway

RED CASES - all disciplines

Urgent transfer via Paediatric Flying Squad / paramedic ambulance to Level 3 Centre with telephonic notification -
Tel 021 658 5075 (medical)
and 021 658 5000/5198 (Trauma)

TRAUMA AND BURNS

Transfer all to Trauma Unit at Red Cross War Memorial Children's Hospital

URGENT SURGICAL

Discuss with the on-call surgical registrar
Tel: 021 658 5111

General Information

1. Telephone Numbers:

Red Cross War Memorial Children's Hospital (RCWMCH)	021 658 5111
Groote Schuur Hospital (GSH)	021 404 9111
Tygerberg Hospital (TBH)	021 938 4911

2. Poison Information Service

24 hour telephone service: 021 689 5227

3. Emergencies (24 hour service)

Children who are seriously ill or injured should be discussed with the appropriate registrar on duty:

Medical	021 658 5075/5428
Surgical	021 658 5400/5576 or bleep
Trauma	021 658 5000

When acutely ill or injured children are referred after consultation, please send them with a letter marked 'URGENT' to the registrar in the appropriate Outpatient Department or Trauma Unit.

4. General Paediatric Opinion

(Monday – Friday)

Tel: 021 658 5263 (mornings only) - Consultant

Tel: 021 658 5075 (all hours) - Medical Registrar

- Telephonic consultations are welcome and may save the patient time and money. Please call the duty Medical Officer on 021 658 5084/5252 from 8:00 - 17:00.
- For general paediatric consultations phone the above numbers. For sub-specialist consultations use the number under the appropriate sub-specialist clinic.
- Referrals to General Medical Outpatient Department (OPD): Due to high patient numbers and long waiting times, there is an appointment procedure for non-urgent referrals.

The OPD has a referral service for children between 08h00 and 15h00, Mondays to Fridays. It is essential to make an appointment for all patients. Appointments can be made by phoning 021 658 5002.

- To maximise efficiency and patient satisfaction, referring colleagues are reminded to adhere to drainage areas demarcations and to use the correct referral channels.

The Red Cross War Memorial Children's Hospital (RCWMCH) drainage areas at present are:

- Klipfontein sub-district (outlined by N2, M5 and New Eisleben and Lansdowne roads)
 - Mitchells Plain sub-district (Mitchells Plain and Philippi, outlined by N7, Lansdowne Road, Eisleben Road, N2, R300)
 - Rosebank, Mowbray, Rondebosch and Salt River.
- Clinics do exist in the drainage areas where expert paediatric opinion can be accessed closer to home for children not needing tertiary or emergency care.
(See attached table at the back of the booklet).
 - For your information the Flying Squad Memo detailing the call out pathway for urgent transfers for children have also been added.
(See back of booklet for details).

5. Other Drainage Areas

Children with general medical problems from other areas should be referred to the paediatric service within the other Metropolitan Regional Hospitals:

Telephone numbers and drainage areas:

Karl Bremer Hospital:

021 918 1911

Drainage areas: Kraaifontein, Belville, Bloekombos, Wallacedene, Belhar, Durbanville, Delft, Kuilsriver, Blackheath, Eersteriver and Khayelitsha (Level 2 patients).

New Somerset Hospital:

021 402 6911

Drainage areas: Langa, Bonteheuvel, Kensington, Maitland, Facticeon, Brooklyn, Milnerton, Table View, Du Noon, Atlantis, West Coast, Central Cape Town including Woodstock, Green Point and Sea Point.

Victoria Hospital:

021 700 1111

Drainage areas: Wynberg, Ottery, Muizenberg, Hout Bay, Fish Hoek and Masephumelele.

Tygerberg Children's Hospital:

021 938 4911

Drainage areas: Parow, Elsies River, Goodwood, Clarke Estate, Cravenby, Ravensmead, Bishop Lavis and Uitsig. Tertiary referral centre for Khayelitsha.

Khayelitsha Hospital:

Paediatric wards

021 360 4200

021 360 4353

021 918 1911

Drainage areas: All of Khayelitsha (level 1).

For all referrals: please provide the patient with a letter with details, including previous X-rays, results of investigations and current medication and treatment.

6. **Surgical:** See under 'General Surgery'.
7. Except in the case of certain Highly Specialised conditions, children over the age of 13 years are not seen at RCWMCH. There are certain special clinics for adolescents at Groote Schuur Hospital (see page 3).
8. Sub-specialist clinics operate by appointment only (unless otherwise stated). The telephone exchange at RCWMCH allows direct dialling to hospital extensions, which should facilitate the making of appointments.

If problems are encountered please do not hesitate to contact: 021 658 5120/5169/5111.

**CLINICS
ADOLESCENT SERVICES**

CLINIC	VENUE	APPOINTMENTS
Allergy	E1 - GSH	021 406 6320
Diabetes	G26 - GSH	021 404 3025
Endocrine	G25 - GSH	021 404 4468/3380
Renal	E2 - RCWMCH	021 658 5153

ALLERGY CLINIC

Telephonic consultations: 021 658 5111
Appointments: 021 658 5022/5311

Type of patients catered for:

1. Asthma
 - a) Moderate asthma not responding to regular medication - requiring Montelukast or long acting B2 agonists
 - b) Severe asthma (steroid dependent)
 - c) Previous admissions for status near fatal asthma
2. Difficult to control moderate or severe persistent Allergic Rhinitis
3. Chronic urticaria
Atopic eczema associated with food allergy.
All other cases of eczema are seen at the Dermatology Clinic.
4. Suspected food allergy
 - a) In infants
 - b) Life-threatening and other significant reactions to foods
 - c) Food allergy of unclear cause
5. Drug allergy
Allergic and life-threatening reactions to drugs
e.g. anaphylaxis or bronchospasm.

6. Insect allergy
Allergic and life-threatening reactions to bee or wasp stings.
Increase in systemic symptoms following bee stings.

7. Patients considered for immunotherapy.
Note: Papular urticaria is not seen at this clinic.

Venue and times: S20, RCWMCH
Mondays: 8:30 - 13:00
(By appointment only) 14:00 - 16:00
(Eosinophilic oesophagitis clinic)
Wednesdays: 8:30 - 12:00
14:00 - 16:00
Thursdays: 8:30 - 13:00
Fridays: 8:30 - 13:00

ANORECTAL AND STOMATHERAPY CLINIC

Telephonic Consultations: 021 658 5363
Appointments: 021 658 5363

Type of patients catered for: Anorectal malformations (ARM),
bowel incontinence, bowel stomas.

Venue: S16, RCWMCH
Days and times: Mondays: 7:00 - 16:00
Tuesdays: 9:30 - 12:00 (ARM)
Thursdays: 10:00 - 12:00
Fridays: 7:00 - 16:00

ARTHRITIS (RHEUMATOLOGY) CLINIC

OPD at RCWMCH and GSH (also referred to as 'Princess Alice' Clinic)

Appointments: 021 404 5388/5386 (GSH)
021 658 5311 (RCWMCH)

(The public may also make telephonic bookings.)

Type of patients catered for: Children with (proven or suspected persistent arthritis and other connective tissue disorders)

Venues: GSH: D6 (New Main Building)
RCWMCH: S20, OPD

Days and times: Tuesdays (RCWMCH): 13:00 - 16:00
Wednesday (GSH): 9:00 - 13:00
Fridays (GSH): 8:00 - 13:00

AUDIOLOGY (S24)

Head Audiologist: 021 658 5406
Audiologist: 021 658 5568
Community Service Audiologist: 021 658 5618
Appointments: 021 658 5406

Type of patients/appropriate referrals:

Suspected hearing losses,
Recurrent ear infection,
Speech/language delays, meningitis,
ototoxic drugs,
TB, family history, head/ear trauma,
Learning disabilities and allergies,
Facial Palsy.

Venue: S24(1st floor OPD RCWMCH)

Days and Times:

Diagnostic Clinics: Monday to Friday: 8:00 - 13:00
(no new referrals accepted after 12:00)
Wednesday and Thursday: 13:30 - 16:00
Hearing Aid Clinics: Monday and Tuesday: 13:30 - 16:00

BEHAVIOUR DISORDERS CLINIC- NEUROPSYCHIATRY

Appointments (new cases): 021 685 4103
For internal referrals fax Division of Child and Adolescent Psychiatry
referral form to 021 6854107.

Follow-ups: 021 658 5434

Type of patients catered for:
Children with complex ADHD, Asperger's, Tics/Tourette's and other
neuropsychiatric conditions.

Venue: S26 & S27,
RCWMCH Days and times: Wednesdays: 8:00 - 12:00

BRACHIAL PLEXUS CLINIC

Appointments: 021 404 5306/09
Venue: GSH J Floor via E floor reception
Days and times: Wednesdays: 8:00

BURNS CLINIC

Appointments: 021 658 5628
Type of patients catered for: All burns
Venue: S19, SOPD RCWMCH
Days and times: Mondays: 11:30 - 14:30
Fridays: 11:30 - 14:30

CARDIOLOGY CLINIC (INCLUDING RHEUMATIC FEVER CLINIC)

Telephonic consultations and after hours referrals: 021 658 5111 - ask for Cardiologist on call

Appointments via cardiac liaison sister: 021 658 5227/5366

Type of patients catered for:

The clinic offers a full range of specialist cardiological services. Referrals are accepted from general practitioners. Referring doctors may be asked to speak to a cardiologist when requesting an urgent booking.

Venue: S27, RCWMCH

Days and times: Mondays and Thursdays: 13:00
patients should arrive by 12:00 for pre-clinic investigations.

Specialist Rheumatic Fever: Tuesdays: 8:00

There is a Cardio-Genetic clinic on the second Thursday of every month. Non-urgent referrals of dysmorphic children with suspected heart disease are encouraged for this clinic rather than other days.

CARDIOTHORACIC SURGERY CLINIC

Telephonic Consultations: 021 658 5126 for urgent consultations only
Appointments: 021 658 5400
Doctors are free to make telephonic bookings

Type of patients catered for: Paediatric cardiac and thoracic patients for both pre- and post-operative consultations.

Venue: S19, RCWMCH
RCWMCH Days and times: Thursdays: 8:00 - 11:00

CEREBRAL PALSY CLINIC

Telephonic consultations: Attending doctor: 021 658 5033
Appointments: 021 658 5033

Type of Patient catered for: Children with cerebral palsy. The clinic provides physiotherapy, occupational therapy, speech and feeding therapy, social intervention and educational placement.

Venue: S13, RCWMCH
Days and times: Wednesdays, Thursdays and Fridays: 9:00
High risk clinic: Once a month (Fridays): 8:00 - 14:00

CHILD ABUSE MANAGEMENT TEAM

Telephone number: 021 658 5000

CPN Trauma Unit: 021 658 5141

Andre Pieters 021 658 5273
Head of Social Work Department

All Social Workers 021 658 5196

Child Sexual Abuse

Survivors of Child Sexual Abuse should be seen in designated centres, which have been established to manage these problems so as to reduce unnecessary travel and other inconvenience. The centres are the Lady Michaelis/Victoria Hospital, False Bay Hospital, Wesfleur Hospital and Karl Bremer Hospital.

Contact telephone numbers:

False Bay Hospital	021 782 1121 ext. 138	Srs Badenhorst or Hawkrigde
Karl Bremer Hospital	021 918 1911 021 918 1258	Sr Dolby Rape Centre
Lady Michaelis	021 797 8171	Dr Trope
Victoria Hospital	021 799 1111	Dr Nitzche
Wesfleur Hospital	021 571 8040	

Severely injured children, children with active bleeding and children requiring Tertiary Medical or Surgical opinion should be referred to the Trauma Unit. Telephonic consultation is available at all times by contacting the Medical or Surgical Emergency Departments. The Child Abuse management team will investigate and manage all cases that arise out of Admissions to the Hospital.

Other forms of child abuse i.e. abandonment, neglect, physical and ingestions are seen and managed by the appropriate service: Trauma, Medical and Social Work.

Contact telephone numbers:

Medical Emergency Unit: 021 658 5075

Social Work Department: 021 658 5196 (Office hours only)

Trauma Unit: 021 658 5198 (for children with injuries)

CLEFT LIP AND PALATE CLINIC

Appointments: 021 658 5400

Type of patients catered for: Children with cleft lip and/or palate

Venue: S19 SOPD RCWMCH

Days and time: Thursdays: 8:00 - 12:00

CLUB FOOT CLINIC Maitland Cottage Hospital, Newlands

Telephonic consultations: 021 674 2090 (during clinic hours)

Appointments: No appointment required

Type of patients catered for: Congenital club foot

Venue: Maitland Cottage Hospital, Newlands

Days and time: Fridays: 8:00 - 11:00

CONGENITAL EAR CLINIC

Telephonic consultations: 658 5111 Bleep Plastic Surgery Registrar
Appointments: 021 658 5400
Type of patients catered for: This clinic deals with the problem of congenital anomalies of the ears. Medical practitioners are encouraged to attend the clinic.
Venue: S19, SOPD
Days and time: One Thursday a month: 8:00 - 12:00

CONGENITAL HAND CLINIC

Appointments: 021 658 5400
Type of patients catered for: This clinic deals with the problem of congenital anomalies of the hands and feet. If possible, all X-rays available should accompany the patient. Medical practitioners are encouraged to attend the clinic.
Venue: S19, RCWMCH
Days and time: Every 2nd Thursday: 8:00 - 12:00

CRANIOFACIAL CLINIC

Telephonic consultations: 021 658 5111
Appointments: 021 658 5335 referral by doctors or patients
Type of patients catered for: This clinic deals with patients with craniofacial, jaw and maxillary problems. These range from hypertelorism, through prognathism to Crouzon's and Apert's syndromes.
Venue: S24, RCWMCH
Days and times: First Thursday of the month: 13:30

CYSTIC FIBROSIS CLINIC

Telephonic consultations: 021 658 5137 (ask for consultant on call)
Appointments: 021 658 5137

New cases as well as urgent problems will be referred to the Cystic Fibrosis Consultant on call for pre-referral arrangements.

Type of patients catered for: Proven cases of Cystic Fibrosis only
Venue: S13, RCWMCH
Days and times: Tuesdays: 14:00 - 16:30

DENTAL CLINIC (including Orthodontic Clinic)

Appointments: 021 658 5122 (mornings only)

Type of patients catered for: In-patients as well as chronically ill patients with dental problems Plastic surgery patients with cleft palates Thursdays only

Venue: S23, RCWMCH
Days and times: Monday - Friday: 8:30 - 12:30

DERMATOLOGY CLINIC

Consultations: 021 404 3376 GSH
021 658 5502/5002 RCWMCH

Dermatology referrals by appointment with a doctor's letter only. A dermatologist on call is available to doctors only via the Exchange outside of clinic hours.

Appointments: 021 658 5002 (RCWMCH)

Type of patients catered for: Problematic dermatological patients.

Please do not refer:

a) Atopic eczema patients without trial of proper treatment:

- Avoid applying/using anything with colour or smell on the skin (including bubble bath, etc.)
- Replace all soap with aqueous cream (this is not a moisturiser)
- Frequent (4-6 times a day) application of oily moisturisers such as emulsifying ointment or Vaseline
- Intermittent topical steroid ointments (only exception - wet eczema where cream can be used). Eczema lesions on face use hydrocortisone and on body - betamethasone
- Continue steps 1-3 even when the eczema is under control.

b) Molluscum contagiosum in immunocompetent patients

- Reassure, self-limiting, use benzoyl peroxide if treatment needed, do not use wart paint.

Venue: S27, RCWMCH
Days and times: Tuesdays: 8:30 - 12:30
Thursdays: 8:30 - 12:30
Mondays: 8:30 - 12:30 (special cases)

DEVELOPMENTAL ASSESSMENT CLINIC

Telephonic consultations: 021 658 5535
Fax: 021 658 5530
Appointments: Neurodevelopmental referral form
Wednesdays: 8:00 - 13:00

Type of patients catered for: Children with developmental delay or at risk for developmental problems, intellectual disability, behavioural disorders; and pre-school or non-school attending children with learning problems.

Venue: S6, RCWMCH
Days and times: As per appointment (Tuesdays)

DIABETES CLINIC

Telephonic consultations:

Appointments: 021 658 5035/5265

Type of patients catered for: All patients under 18 years with diabetes.

Venue: S14, RCWMCH

Admissions: ALL DIABETIC KETOACIDOSIS ADMISSIONS
TO WARD G4, G5 GSH

Senior Endocrinology Registrar: 021 404 9111

021 404 9111 bleep 1294

Sister, Ward G4/ 5: 021 404 4470/67

Emergency cases and urgent bookings:

Senior Endocrinology Registrar: 021 404 9111 bleep 1418

021 658 5111 bleep 4024

ENDOCRINE/METABOLIC CLINICS

Telephonic consultations and emergencies:

Appointments:

RCWMCH: 021 658 5285/5002

GSH: 021 404 4468/70

Type of patients catered for: Children with general endocrine growth and metabolic disorders seen at these clinics.

Venue: S27, RCWMCH
F Floor, OPD, GSH

Days and times:

Mondays: 8:00 - 13:00 RCWMCH

Tuesdays: 8:00 - 11:00 RCWMCH

Wednesdays: 9:00 - 13:00 GSH

Thursdays: 8:00 - 13:00 RCWMCH

ENT CLINIC (S24)

Telephonic consultations: 021 658 5386
Appointments: 021 658 5386
Monday - Thursday: 9:00 - 13:00

Criteria:

Preferably after telephonic consultation between the referring doctor and one of the clinic doctors.

Type of patients catered for: This clinic primarily exists to provide a tertiary referral service for specialised paediatric ENT disorders and to cater for the ENT needs of those 'special' children who require the services only available within a specialist children's hospital for their medical care.

This clinic has always tried to provide a limited ENT service for such children and will continue to do so for selected children - see Criteria above.

Apart from these categories of patient, unrestricted bookings from any source of referral will be accepted for children:

- with chronic ear disorders
- with deafness
- with congenital ear malformations
- with facial nerve palsy
- with other head and neck malformations
- with suspected head and neck tumour

Emergency cases will be seen without a booking but notification of such referral would be appreciated.

Venue: S24, RCWMCH
Days and times: Monday - Thursday: 9:00 - 13:00

FRACTURE CLINIC

Telephonic consultations: 021 658 5290 (during clinic hours)
Appointments: 021 658 5400

Type of patients catered for: Clinic caters for follow-up of fractures. Acute fractures are dealt with at all hours in the Trauma Unit.

Venue: S19, RCWMCH
Days and times: Tuesdays and Thursdays: 12:30-16:00

GASTROENTEROLOGY CLINIC

Telephonic consultations: 021 658 5137 (ask for consultant on call)
Appointments: 021 658 5002

Doctors are encouraged to make telephonic bookings and to discuss the patient/problem with one of the gastroenterology doctors beforehand.

Type of patients catered for: Patients with problems related to the liver and gastroenterological system who require specialist assessment and care.

Venue: S27, RCWMCH
Days and times: Wednesdays: 8:00 - 16:30
(See also Cystic Fibrosis Clinic)
Mondays: 9:00 - 12:00

GENERAL SURGERY CLINIC

Telephonic consultations: Registrar on call
Appointments: 021 658 5400 SOPD

Type of patients catered for: General paediatric surgery by appointment only.

Venue: S19, RCWMCH
Days and times: Tuesdays: 9:00 - 12:00
Fridays: 9:00 - 11:00

GENETIC CLINIC

Telephonic Consultations and general enquiries:

Via RCWMCH Exchange: 021 658 5111

Medical School: 021 406 6304

S27 RCWMCH: 021 658 5002

Appointments: 021 658 5002

Doctors are encouraged to make telephone bookings.

Type of patient catered for: Any individual with a congenital or hereditary disorder requiring clinical appraisal, investigation, counselling and prenatal diagnosis.

Venue: S27, RCWMCH

Days and times: Tuesdays: 8:00 - 12:00

Wednesdays: 13:00 - 16:30

GENITAL DISORDERS CLINIC

A multidisciplinary team assesses children with intersexuality, micropenis, undescended testis with severe hypospadias.

Telephonic consultations and emergencies:

Senior Registrar Endocrine Unit: 021 404 9111 bleep 1418

Appointments: 021 658 5002

Type of patient catered for: Patients with ambiguous genitalia

Venue: S27, RCWMCH

Days and times: First Monday of the month: 8:00 - 12:00

GYNAECOLOGY CLINIC

Appointments: 021 658 5400

Type of patient catered for: From birth to 12 years

Venue: S24 (ENT Clinic)

Days and times: Every 2nd Wednesday: 12:30 - 15:00

HAEMATOLOGY/ONCOLOGY CLINIC

Telephonic consultations and appointments:
Referrals should preferably be discussed with a Consultant on
021 658 5076/5280 before making an appointment.

Appointments: 021 658 5185/5297

Type of patients catered for: All children with malignant disease and
haematological problems requiring
investigation are seen.

The hospital is also the major reference and treatment centre for
children with haemophilia.

If there is a clinical suspicion of cancer a child should be referred
promptly. It is best to discuss the case prior to embarking on confirmatory
investigations, especially if invasive.

Venue: Ward G1, RCWMCH

Days and times:

Leukaemia and solid tumours:

Mondays, Wednesdays and Thursdays: 8:30 - 12:30

Anaemia and Bleeding problems:

Tuesdays: 9:00 - 12:30

IMMUNOLOGY AND SPECIALISED INFECTIOUS DISEASES CLINIC

Telephonic consultations: 021 658 5321/5111

Appointments: Referrals should be discussed with the Immunology senior
registrar in Infectious Diseases (ID). Appointments should be made either
with Prof. Eley or the senior registrar.

Type of patients catered for: Patients with suspected or proven primary
immune deficiency disorders, MDR TB
contacts, drug resistance, unusual
infections/ recurrent infections.

Venue: A11, RCWMCH

Days and times: Mondays: 8:30-11:30

INFECTIOUS DISEASES CLINIC

Appointment: By medical/nursing personnel
Telephone consultation: 021 658 5613

Type of patients catered for: Complex patients on ART

Venue: A11, RCWMCH
Days and times: Tuesdays: 8:00 - 13:00
Wednesdays: 8:00 - 13:00
Thursdays: 12:00 - 16:00
Fridays: 9:00 - 12:00

LIPID DISORDERS CLINIC

Appointments: 021 404 2265

Rapid lipid results will be available if the child arrives between 7:45 and 8:00 not having eaten that morning.

Type of patient catered for: Children with genetic and acquired lipid disorders are seen at this clinic.

Venue: S27, RCWMCH
Days and times: Last Monday of the month: 8:00 - 12:00

LIVER TRANSPLANT CLINIC

Telephonic consultation: 021 658 5111/5012
Appointments: 021 658 5002

Type of patients catered for: Patients referred to assessment for liver transplantation and follow-up of patients having had a liver transplant.

Venue: S27, RCWMCH
Days and times: Mondays: 9:30 - 11:30

LUPUS CLINIC

Telephonic consultations: 021 658 5111
Appointments: 021 404 5566/5353/5313
Doctors are free to make appointments

Type of patient catered for: Children with (suspected or proven) SLE, scleroderma, dermatomyositis, vasculitis or other connective tissue disease.

Venue: H Floor, GSH
Days and times: Tuesdays: 8:00 - 12:00

MUSCLE DISORDERS CLINIC

Appointments: Tel: 021 658 5434
Fax: 021 658 5548

Criteria: Any child who has muscle weakness or is suspected of having a muscle disorder. Prior telephone consultation is often useful. Referrals can be made via the local doctor.

Type of patients catered for: Children who have muscular dystrophies, spinal muscular atrophy, congenital myopathies or any other disorders of muscle, and their families. Please ensure that both parents accompany the child.

Venue: S25, RCWMCH
Days and times: Tuesdays: 8:00 - 12:30

NEUROLOGY CLINIC

Prof. Wilmhurst
Fax number: 021 658 5548
Appointments: 021 658 5434

Please consult the Registrar on call before making an appointment. Referring doctors may make telephonic bookings or write for appointments. A referral note should accompany the patient. Faxed referrals for new patient bookings are preferred.

Type of patients catered for: Children with complex neurological problems; infants and children with any disorder involving the central and/or peripheral nervous system.

Venue: S25, RCWMCH
Days and times: Daily

NEUROPHYSIOLOGY LABORATORY:

Telephonic consultations: 021 658 5289
All qualified clinical technologists in the laboratory

Appointments: 021 658 5289
Type of patients catered for: This laboratory provides a diagnostic service for children attending RCWMCH and for children referred from other hospitals and private practices.

Investigations performed:

- Electroencephalography (EEG)
- Electromyography (EMG) Nerve conduction studies
- Evoked potentials: *visual - electroretinogram (ERG)
- *auditory - brain stem auditory evoked response (BAER)
- Video EEG telemetry

Venue: S25, RCWMCH
Days and times: Mondays - Fridays: 8:00 - 15:30

NEUROSURGERY CLINIC

Telephonic consultations: 021 658 5111 - bleep registrar on call
Appointments: 021 658 5400 - referral by doctors only
Types of patients: All urgent problems should be discussed with the Neurosurgery Registrar on call

Venue: S19, SOPD, RCWMCH
Days and times: Wednesdays: 10:00 - 16:00

OPHTHALMOLOGY CLINIC:

Telephonic consultations:

Emergencies (Dr C Tinley): 021 658 5255/4

Eye Registrar: 021 658 5254

Ophthalmic nurse 021 658 5540

Appointments: 021 658 5026

Urgent and emergency cases will be seen only after telephonic consultation.

Type of patient catered for: The clinic only caters for ophthalmological problems in pre-school children and any ocular pathology in children of school-going age. No routine sight testing service can be offered to children of school-going age who should be referred instead to the School Eye Clinics.

Venue: S21, RCWMCH

Days and times: Mondays: 8:00 - 12:30 (clinic)
pm (theatre)
Tuesdays and Thursday: 8:00 - 15:30
Wednesdays: am and pm clinic
Fridays: am clinic and
theatre

ORTHOPAEDIC CLINIC

Appointments: 021 658 5400

Type of patient catered for: Diagnosis and management of non-emergency orthopaedic cases.

Venue: S19, RCWMCH

Days and times: Mondays: 8:00 - 12:00

Fridays: 8:00 - 12:00

PLASTIC SURGERY CLINIC

Telephonic consultations: 021 658 5111
Appointment (all referrals): 021 658 5400

Type of patients catered for: This clinic deals with Plastic Reconstructive and Maxillo-Facial problems, i.e. bat ears, cleft lip and palate and many others including burn contractures, facial deformities, facial nerve palsy, congenital ear anomalies, etc.

Venue: S19, RCWMCH
Days and times: Thursdays: 8:00 - 12:00

Please also see Congenital Hand, Congenital ear and Craniofacial clinics (p.15).

CHILD AND ADOLESCENT PSYCHIATRY CLINIC

Telephonic consultations: 021 685 4103
Appointments: Fax: 021 685 4107
Tel: 021 685 4103

For pre-referral arrangements or telephonic consultation with a staff member. Referral forms will be sent on request. Appointments are made after receipt of a completed referral form and allocation of the case to a therapist.

Type of patients catered for: This clinic deals with children who have emotional, behavioural and psychiatric problems. It does not deal with scholastic problems.

Venue: Division of Child and Adolescent Psychiatry,
46 Sawkins Road, Rondebosch

Days and times: Mondays - Fridays: 8:00 - 17:00

RENAL CLINIC

Telephonic consultations: 021 658 5111

Appointments: 021 658 5032
(new referrals accepted only from doctors)

Type of patient catered for: Children with any disease of the kidneys and urinary tract, including hypertension and vasculitides who require diagnostic, therapeutic and follow-up facilities.

Venue: S27, RCWMCH

Days and times: Tuesdays: 13:00
Fridays: 8:00

RESPIRATORY CONSULTATIONS AND CLINIC

Telephonic consultations: 021 658 5265 (office hours)

We welcome enquiries and consultations from doctors or Primary Health Care Nurses.

The call will be transferred to a specialist paediatrician for an immediate telephonic consultation. Whenever possible we will try to manage the problem telephonically in conjunction with the referring person. This is in order to minimise inconvenience to parents and to promote continuity of care in the community. In unusual circumstances when a problem cannot be handled in this way, we are able to arrange to see the child in our out-patient clinic.

Type of patients catered for: We deal with all forms of respiratory illness but also problems such as chronic cough, snoring and recurrent pneumonia.

Venue: S20, RCWMCH

Days and times: Mondays: 12:00 - 17:00
Fridays: 9:00 - 12:00

SCOLIOSIS CLINIC

Appointments: 021 658 5400
Venue: S19, SOPD

Type of /appropriate referrals:
Days and times: One Friday per month 8:00 - 11:30

SPEECH THERAPY

Appointments: 021 658 5505

Type of/appropriate referrals:
Infants/Children with swallowing/feeding difficulties – discuss with Lezanne le Roux 0-6 year olds with speech and language delays or communication difficulties i.e. oral motor, articulation, stuttering, poor language structures or those presenting with PDD features.

Children who are already in school should be referred to GSH Speech Therapy for general language difficulties.

Venue: S24, RCWMCH
Days and times: Mondays - Fridays: 8:00 - 16:00

SPINAL DEFECTS CLINIC

Appointments: 021 658 5033 (Spinal defects)
021 658 5400 (Neuro surgery only)

Type of patient catered for: Children with neural tube defects (i.e. spina bifida /myelomeningocele)

Venue: S19, RCWMCH
Days and times: Wednesdays: 10:30 - 16:00

SURGERY DAY UNIT

Telephonic consultations: 021 658 5400
Appointments: 021 658 5400 for a Tuesday clinic appointment S19, RCWMCH (9:30)

Type of patient catered for: Well children requiring minor surgical procedures including inguinal hernias, undescended testes and those needing circumcision. All children must be seen in SOPD first.

Venue: A7, RCWMCH (Enquiries: 021 658 5058)
Days and times: Theatre days are on Mondays and Thursdays only.

TRAUMATIC HANDS CLINIC

Telephonic consultations: Hand Registrar on-call
Appointments: 021 658 5400
Venue: S19, SOPD
Days and times: Mondays: 8:00 - 10:30

UROLOGY CLINIC

Telephonic consultations: 021 658 5432 (Friday morning only)
021 658 5335 (other times)
Appointments: 021 658 5002/23

Type of patient catered for: Specific urological problems

Venue: S27, RCWMCH
Days and times: Fridays: 9:30 - 12:00

Paediatric Community Clinics

Site	Appointments contact No	Clinic Time	Mon	Tues	Wed	Thurs	Fri	Special areas of interest
Albow Gardens	021 514 6530	8:00 - 16:00			✓			HIV/TB chronic. General PHC conditions
Du Noon Clinic	021 521 2820	8:00 - 12:00	✓				✓	
Heideveld	021 637 8033	10:00 - 12:00			2nd, 4th, 5th			General, Allergy, Neurodevelopment
Khayelitsha Site B	021 361 3470	12:00 - 14:00				✓		Allergy, Neurodevelopment
Eastridge	021 392 5161	8:00 - 16:00					08:00 - 12:00	
New Somerset Hospital	021 402 6302			Follow up Sickle Cell	✓	09:00 - 13:00		General, neurodevelopment
Retreat	021 712 5105	8:00 - 12:00	✓	✓		✓	✓	General
Vanguard	021 694 5540 ext 1041	12:00 - 14:00		✓				Allergy, epilepsy, neurodevelopment
		9:00 - 13:00		2nd, 3rd, 4th and 5th				General
Victoria Hospital	Dr Schembrücker	10:00 - 13:00	✓	✓	✓	✓	✓	
Westfleur/Atlantis	021 572 8040	9:00 - 13:00		1st	3rd			General, Allergy, Neurology
Vredenburg Hospital	022 709 7200				1st			General and High Risk Neonatal follow-up



PEDIATRIC EMERGENCY CALL OUT PATHWAY

ALL CHILDREN considered **CRITICALLY ILL** including:

- All intubated patients
- Recurrent or persistent shock
 - including Meningococcal disease/purpuric rash
 - all with intra-osseous lines
 - anaphylaxis
- Hypoxia/cyanosis even when on supplemental oxygen
- Very severe airway obstruction/respiratory distress
- Recurrent apnoea
- *III* ex-prem <2.5kg/infant<3months
- Depressed level of consciousness GCS<12/15
- Paediatric SATS (SA Triage Scale) All RED cases
- Polytrauma
- Burns: >15% partial thickness and/or >5% full thickness and/or facial/inhalation burns

FLYING SQUAD TRANSFER TO TERTIARY FACILITY

STEP 1

Call ahead to receiving Tertiary Level Hospital Doctor for bed availability and emergency management advice

- Tygerberg Emergency Centre: 021 938 6378
- Tygerberg ICU: 021 938 6057
- Red Cross Emergency Centre: 021 658 5075
- Red Cross ICU: 021 658 5103

STEP 2

Call Metro **021 937 0300** and ask for transfer with **THE PAEDIATRIC FLYING SQUAD**

- Referring or receiving Dr/Sr may activate

ALL OTHER ILL CHILDREN NOT MEETING FLYING SQUAD CRITERIA

TRANSFER TO USUAL REFERRAL CENTRE

STEP 1

If uncertain where to direct the child, or clinical advice needed call:

- Metro East: Tygerberg Emergency Centre: 021 938 6378
- Metro West: Red Cross Emergency Centre: 021 658 5075
- Any: Emergency Medicine Doctor on call: 079 780 0208

STEP 2

Call Ambulance Control: **021 937 0591** and explain nature of illness or injury.